

# ENGLEWOOD

## CITIZEN

SPRING 2019 | CITY MAGAZINE & RECREATION GUIDE

## Collective Impact

### Better Together

Collaboration from  
Arts to Safety

### Finding Priorities

City Budgeting Basics

### Recreation Guide



EXPLORE FREE LOCAL ACTIVITIES WITH ENGLEWOOD PARKS, REC & LIBRARY



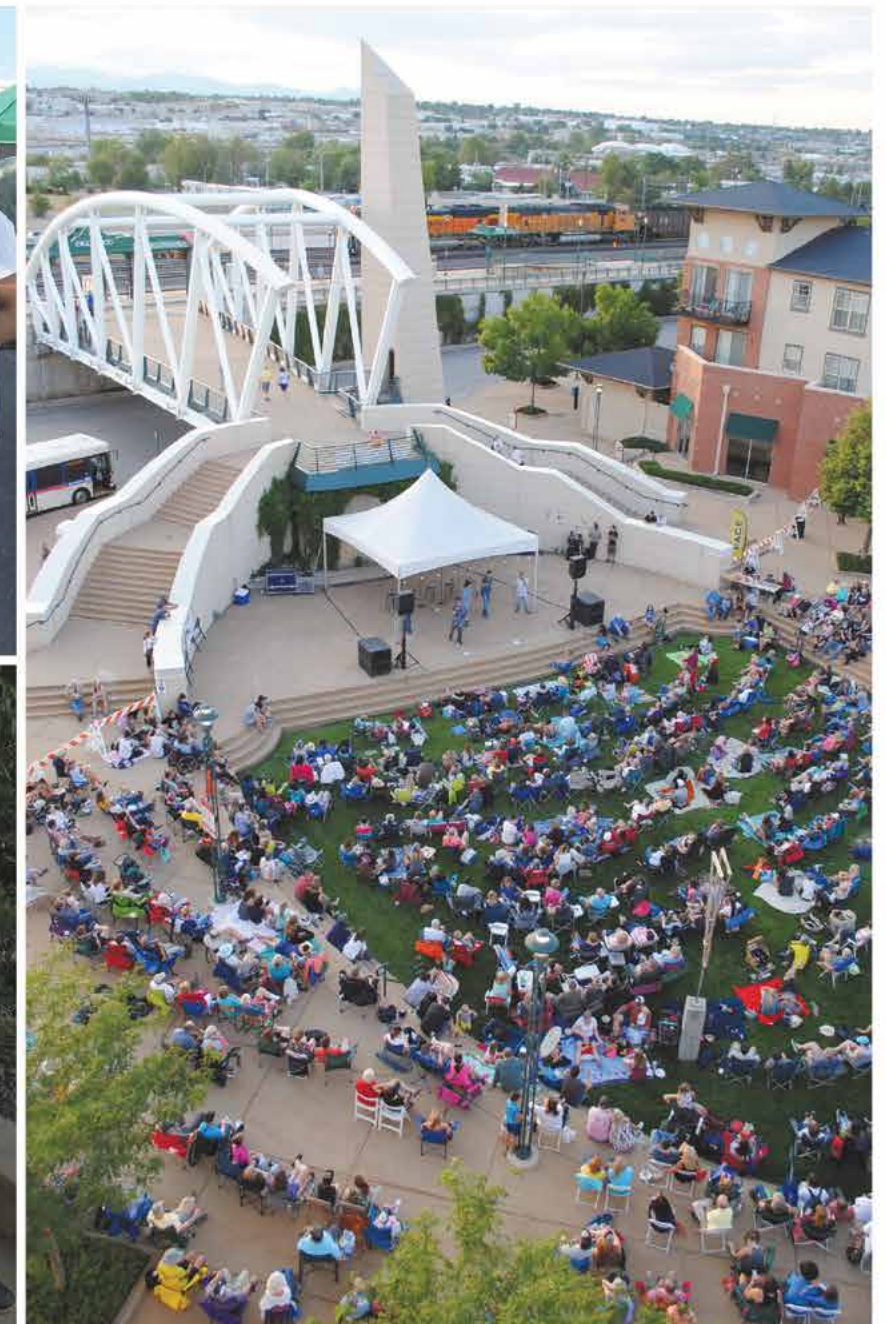
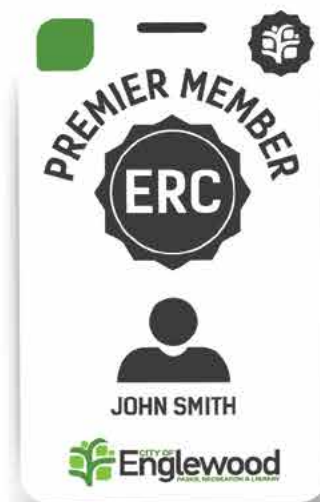
GET YOUR TAIL ON A TRAIL! MARCH 9, 16 & 23

See more information Page 62

## START YOUR NEW YEAR'S FITNESS GOALS ON THE RIGHT PATH WITH ENGLEWOOD'S NEW PREMIER PASS.

This new pass includes  
Recreation Center use +  
Pool access  
Fitness classes,  
Functional fitness room,  
Personal training session and childcare.

Ask any team member for details.



Thank you to all our citizens, staff, volunteers, partners, & sponsors for making 2018 a great year for Englewood events.



Stay up to date on all of our events by visiting [Englewoodco.gov/events](http://Englewoodco.gov/events)



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LINDA OLSON  
MAYOR OF  
ENGLEWOOD



As we are embarking on a search for Englewood’s new city manager, I am often asked about Englewood’s form of government as compared to other cities.

Englewood’s home rule charter resembles 60%<sup>1</sup> of the nation’s cities and towns in that we utilize a council-manager form of governance. We hire a city manager as the paid professional, much like a CEO, who “heads the administrative branch of the city government”<sup>2</sup>. The city manager provides oversight for all city functions, bringing a wealth of experience, vision, and innovation to lead the city under Council’s direction.

In turn, seven council members are elected to represent Englewood’s four districts and the city at large. Every two years, Council chooses a mayor to preside over meetings. The mayor has no veto power nor special powers beyond ceremonial purposes and authenticates legal documents by signature as approved by Council. A mayor pro tem is also chosen by Council and fills mayoral duties when the mayor is unavailable. This council-manager system allows regular citizens from all walks of life and livelihoods to effectively represent Englewood’s residents by remaining actively involved in the community through work and social connections. In this way, the elected representatives remain political servants to the City without becoming professional politicians. The city is managed on a day-to-day basis by a professional city manager, but led by the City Council.

Englewood is at an important historic moment of hiring our next city manager. Since the resignation of City Manager Eric Keck in October, council appointed Dorothy Hargrove, director of our libraries, parks and recreation, to serve as interim city manager. Ms. Hargrove has proven herself as a strong and compassionate leader, with essential management skills for people and details. I am thankful for her willingness to step into this role, giving us stability as we search for our next city manager.

**The city manager provides oversight for all city functions, bringing a wealth of experience, vision, and innovation to lead the city under Council’s direction.**

By the time you read this, Council will have chosen a search firm that has a strong record in helping cities find their next city manager. We will work with the firm to develop a clear timeline and process for hiring, prioritize criteria for the best candidates, create interview questions and public opportunities with candidates, and execute the hiring efficiently and effectively. The process could take us into May 2019, yet we are hoping it may be quicker. Please keep informed and engaged through our city website and via Council Members.

May 2019 be a great year for all in Englewood!

**Linda Olson, Mayor**  
lolson@englewoodco.gov • 303-503-4020

<sup>1</sup> Colorado Municipal League FAQ: Forms of municipal government  
<sup>2</sup> Home Rule Charter: City of Englewood, Colorado (Amended Nov. 3, 2015)

## CITY OF Englewood CITY COUNCIL



**Mayor**  
**Linda Olson**  
District 2  
303-503-4020



**Mayor Pro Tem**  
**Rita Russell**  
Mayor Pro Tem,  
At Large  
303-639-6181



**Laurrett Barrentine**  
District 3  
303-806-8097  
303-883-6495



**Dave Cuesta**  
District 4  
720-634-6133



**Amy Martinez**  
At Large  
720-238-3959



**Othoniel Sierra**  
District 1  
720-551-3301



**Cheryl Wink**  
At Large  
720-409-0876

AMY MARTINEZ  
COUNCIL MEMBER,  
AT LARGE



**Collaboration Makes It Happen:** There are many exciting things happening in our City and collaboration plays an important role in delivering essential City services throughout the community. Some of the best solutions come from citizens working together, along with City Council and staff, to create positive solutions that make lives better for everyone. I would like to highlight several projects throughout our community that are only made possible with the help of incredible citizens like you!

**Alley Clean Up and Beautification:** Some of the most common concerns we hear from citizens relate to poor conditions and large trash items left behind in our alleyways. Keep Englewood Beautiful (KEB), the Cultural Arts Commission (CAC), and Englewood Transportation Advisory Committee (ETAC) are working together on creative ways to clean up our alleyways and get neighbors working together. A specific program, designed to have neighbors working together on clean-up efforts, will be rolled out in spring 2019.

**Garbage / Recycling Options:** Many citizens have expressed concerns about reliable, sustainable and low cost options for their garbage and recycling service. KEB, ETAC, BAC, and the Citizens Alliance for a Sustainable Englewood (CASE) are researching a variety of potential options to benefit citizens, reduce wear and tear on our streets and offer solutions that work for everyone. This topic will be discussed with City Council at the February 25, 2019 Study Session.

**Creative Crosswalks:** Developing safe and creative ways for citizens to travel throughout our community is important work. Collaboration on this topic is a natural one for the CAC and ETAC who are working together to come up with the best solutions for placement and guidelines. Formal adoption of the guidelines is anticipated in early 2019.

**Student Art Calendar:** Many of you proudly display the City’s student art calendar in your homes or business. Local students create wonderful works of art and educators submit the art for consideration. The CAC, Museum of Outdoor Arts (MOA) and City Council select the top 50 pieces and Englewood’s Frame de Art mats and frames them. Then, the City hosts two celebrations to recognize the students, families and educators. It is a wonderful reminder, all year round, of why collaboration is so important and the positive impact it has on our community.

Thank you for all you do to make Englewood a great place to be! Contact me anytime with your thoughts, feedback and suggestions. Thank you for the honor and privilege of allowing me to serve you.

**Amy Martinez, Council Member at Large**  
amartinez@englewoodco.gov • 720-238-3959

LAURETT BARRENTINE  
COUNCIL MEMBER,  
DISTRICT 3



One thing has remained a consistent theme throughout the 25 years I have been in Englewood, when asked what is best about living in Englewood the character of the community always tops the list. Englewood benefits from the City of Denver’s large urban area shopping, culture, arts and jobs, just down the street. However, Englewood maintains a small-town feel, where you know your neighbors, enjoy your family and friends, while living in a close-knit community that remains independent and largely self-sustaining. In short, Englewood is a community with “character.”

During my last town hall meeting, one neighbor defined “character” as the willingness to sacrifice for your principles. 2018 revealed the current struggle our community is grappling with to define what those principles are and the sacrifices, if any, we are willing to make.

Can the small-town, neighborhood “feel” of Englewood survive the growing urban sprawl pressures of the encroaching high-density city lifestyle? Should we set boundaries to maintain our suburban identity or become part of the Urban movement? Can independent suburbs remain sustainable or is regionalization necessary to address service and infrastructure needs? Will more people and “rooftops” provide financial stability or will additional people just cost us more? Will increased density forever change the culture of our community?

This is not the first time our community has struggled with these issues. Twice in the mid 1920’s Englewood citizens narrowly voted against a Denver annexation. Whether we officially vote to become part of Denver or not, is the “Denver Urbanization” of our community inevitable?

Identifying our principles and any potential sacrifices are key to answering these questions. The citizens, City Council, Boards and Commissions and staff are wrestling with issues like accessory dwelling units, and short-term rental Airbnb’s, bringing more people and creating businesses in single family residential neighborhoods. Potential zoning changes using P.U.D.s that turn industrial and residential properties into high density apartments. Along with addressing our aging infrastructure needs. These are just a few of the decisions that will greatly impact the future of our community.

While we wrestle with these “character” issues, it is important that we hear from the community we represent. We need to know what the guiding principles and priorities are that will shape our quality of life, culture and community. Above all, it is critical that we understand the sacrifices we are or are not willing to endure to make that future happen.

It is an honor to serve as your City Council representative. I look forward to hearing from you.

**Laurrett Barrentine, District 3**  
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## ENGLEWOOD CITIZEN

CITY MAGAZINE & RECREATION  
GUIDE SPRING 2019

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On the Cover:  
The City of Englewood  
collaborates with the Museum  
of Outdoor Arts to enhance  
the art experience throughout  
Englewood. Pictured from left  
to right is (back row) Tatum  
Hayes, Tim Vacca, Schuyler  
Madden; (front row) Jessica  
Brack, Cynthia Madden Leitner.  
Photo taken inside MOA's  
immersive art experience,  
Natura Obscura.



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Please recycle me!

**DOROTHY HARGROVE**  
INTERIM  
CITY MANAGER



transition in leadership as smooth as possible.

Rest assured, however, that the business of the City is not standing still in the meantime. The department directors and I are working closely with City Council to keep major projects moving forward. These include completion of our new Police Headquarters building, analysis of possible infrastructure improvements, redevelopment opportunities for the City Center area, plans for a renovation of the entry at the Englewood Recreation Center, a new playground for Jason Park, and a variety of behind-the-scenes projects such as internet security and improvements in budgeting.

We are excited about all that the new year will bring and know that we are up to both the challenges and fresh opportunities that make Englewood such a vibrant city.

Kind regards,  
**Dorothy Hargrove**, *Interim City Manager*

Thank you for the opportunity to serve Englewood as your Interim City Manager. City Council asked me to step into this role in November and I hope to hand the reins to a permanent City Manager in the spring. I am confident that qualified candidates from all over the country will consider this a tempting professional opportunity since Englewood has such positive momentum and remains a wonderful place to live, work and raise a family. I look forward to working closely with a new city manager to make the



*Save the Date*

**VETERANS  
MEMORIAL  
CELEBRATION**

**SUNDAY, MAY 26TH, 2019**

ENGLEWOOD HIGH SCHOOL VETERANS MEMORIAL  
3800 S. Logan St. Englewood, CO 80113

MEMORIAL PAVERS FOR SALE beginning January 2019  
CONTACT PAUL at [pj2skis@skizinski.com](mailto:pj2skis@skizinski.com) or 303.482.6184

COORDINATED BY

Englewood Historic Preservation Society

A LOOK BACK



## ENGLEWOOD'S DIY HOME BUILDING BOOM

Just like your IKEA shelving, many Englewood homes were originally delivered in a boxcar full of numbered planks and pre-cut doors and windows, along with assembly instructions.

Instead of ordering online, most of these prefab homes were ordered out of Sears and Montgomery Ward catalogs, where homebuyers could choose between more than 400 designs, ranging in cost from \$400 to \$3,000. Times have certainly changed.

This may sound crazy in today's booming housing market, but these prefab homes were the most common homebuilding method for Englewood's earliest residents until after World War II. In a remote farming community with more cows than home builders, ordering a home out of a catalog was the best option available.

The designs may have been cookie-cutter, but the options varied widely. Buyers could choose between bungalows and arts and crafts

homes, one or two stories, wood or brick, the number of bedrooms, porch style, etc. As your family grew, you could order additions, and if you purchased after 1916, you had the added option of an indoor bathroom – how luxurious!

Many enlisted the help of a local carpenter or builder – like Englewood City Councilman Norman H. McLellan or Thomas Foley – to put their home together.

Unfortunately many of these historical homes, which have now stood for more than one hundred years, are at risk of being demolished. The Englewood Historic Preservation Society would like to help preserve these homes and neighborhoods.

To find out more, call us at 303-242-3257.

Englewood Historic Preservation Society  
Preserving Englewood Colorado History

# PARTNERING FOR A BETTER ENGLEWOOD

How community partnerships  
directly – and positively – impact  
the lives of residents and visitors  
to Englewood

Great partnerships are key to any healthy organization, and your City government is no exception. The City of Englewood is proud to partner with many amazing organizations that work together to serve our residents and visitors.

## SMALL BUSINESS SUPPORT

Englewood is an avid supporter of small business. These partners provide additional resources, including trainings and workshops, business consulting, lending capacity and networking opportunities. City partners include:

- Greater Englewood Chamber of Commerce
- Aurora South Metro Small Business Development Center
- Manufacturers Edge
- Mi Casa Resource Center

## THE ARTISTIC COMMUNITY

The Economic Development team is focusing on arts-related businesses in 2019 by planning a networking event for artists and art-related entrepreneurs, as well as a business after hours event. This partnership between the

Museum of Outdoor Arts, Black Cube and the City was created to help grow the artist community in Englewood and attract new entrepreneurs in the art field.

## EMERGENCY RELIEF AND DISASTER PREPAREDNESS

The City works closely with the Red Cross on many things that benefit the community. One example is the annual smoke detector campaign, a community education project to help families prevent, prepare for, respond to and recover from home fires.

## TRANSPORTATION FUNDING AND COLLABORATION

The City continues to partner with the Colorado Department of Transportation on traffic safety. CDOT has offered

the City grants for impaired driving and seat belt education and enforcement.

Additionally, the City works with the Regional Transportation District (RTD) to operate the Englewood Trolley – the free shuttle service that connects RTD's Englewood Station at City Center with the Hospital District, providing important connectivity to Downtown Englewood. The Community Development Department is currently in conversations with RTD to extend the Trolley's operating schedule on weekdays and to potentially add weekend hours.

## HEALTHCARE PARTNERSHIPS

The Community Development Department is always in conversation with Swedish Medical Center and Craig Hospital about opportunities to collaborate. The continued growth of both hospitals has made it a new priority to meet on a more regular basis. Topics to be addressed include traffic, parking and streetscape collaborations, as well as joint community outreach initiatives.

## COMMUNITY VOLUNTEERS

Our City harnesses the power of volunteers for many community services and events, including: Citizens Police Academy, Day of Service, Englewood Block Party and 4th of July.

## RECREATION OPPORTUNITIES

Englewood Parks, Recreation and Library are joining forces with Any and All Bikes, Generation Wild, Great Outdoors Colorado and Colorado Parks and Wildlife to offer Get Your Tail on a Trail, a three-part series dedicated to recreation. See page 17 for details.

## FLOOD CONTROL

The Public Works Department is working with the Urban Drainage and Flood Control District to make improvements to Big Dry Creek that will increase the stability of the channel and remove excess sediment.

## COMMUNITY SERVICE PROJECTS

The Malley Center partners with Integrated

Family Community Services every holiday season to serve Englewood's low-income seniors with a giving tree and gift distribution.

## PARKS AND SHELTER IMPROVEMENTS

Renovation of the Rotolo Park shelter and Bellevue Park improvements (including Bellevue Shelter #3) were both funded with the help of the Open Space Fund from Arapahoe County Open Spaces.

## EDUCATIONAL COLLABORATION

The City works closely with Englewood Public Schools to provide summer athletic programs and activities for children as well as to share athletic facilities. The Englewood Library also partners with the school district to promote and support the summer reading program and collaborate on information databases for students.

# GENERATIONS OF MEMORIES

Englewood has always been a part of Amber Griego's life.

She grew up in Denver and fondly remembers trips to Cinderella City (now the Civic Center) with her dad, as well as frequenting the Englewood library and local restaurants.

Now an Englewood resident, Amber has three young children of her own, and takes full advantage of living in a city with so much to offer them. Beyond the great schools, healthcare options and community, she and her family engage with many city services and functions.

"My favorite thing about Englewood is that there are so many things to participate in, not only for adults, but also for our kids," she said. "It's really a family-based city."

She's still a regular at the Englewood Library, where she and her kids are well known by the staff. They love utilizing the many activities and programs offered.

When the weather is nice, you can often find them at one of the many Englewood parks and playgrounds. They especially like visiting Belleview Park and the Belleview Farm and Train in the summertime, where the kids enjoy the petting zoo and riding around the park.

Amber stays active at the rec center, where she takes advantage of the track and pool—a very affordable gym alternative.

There's always an Englewood event to look forward to, like the Halloween Carnival, Block Party and the Englewood Holiday Express. Last year, she got to see her children sing in the choir for the City tree lighting. And though much has changed as the City has grown, many of her favorite restaurants like El Tepehuan are still right here in Englewood, where her own kids can get a taste of her childhood.

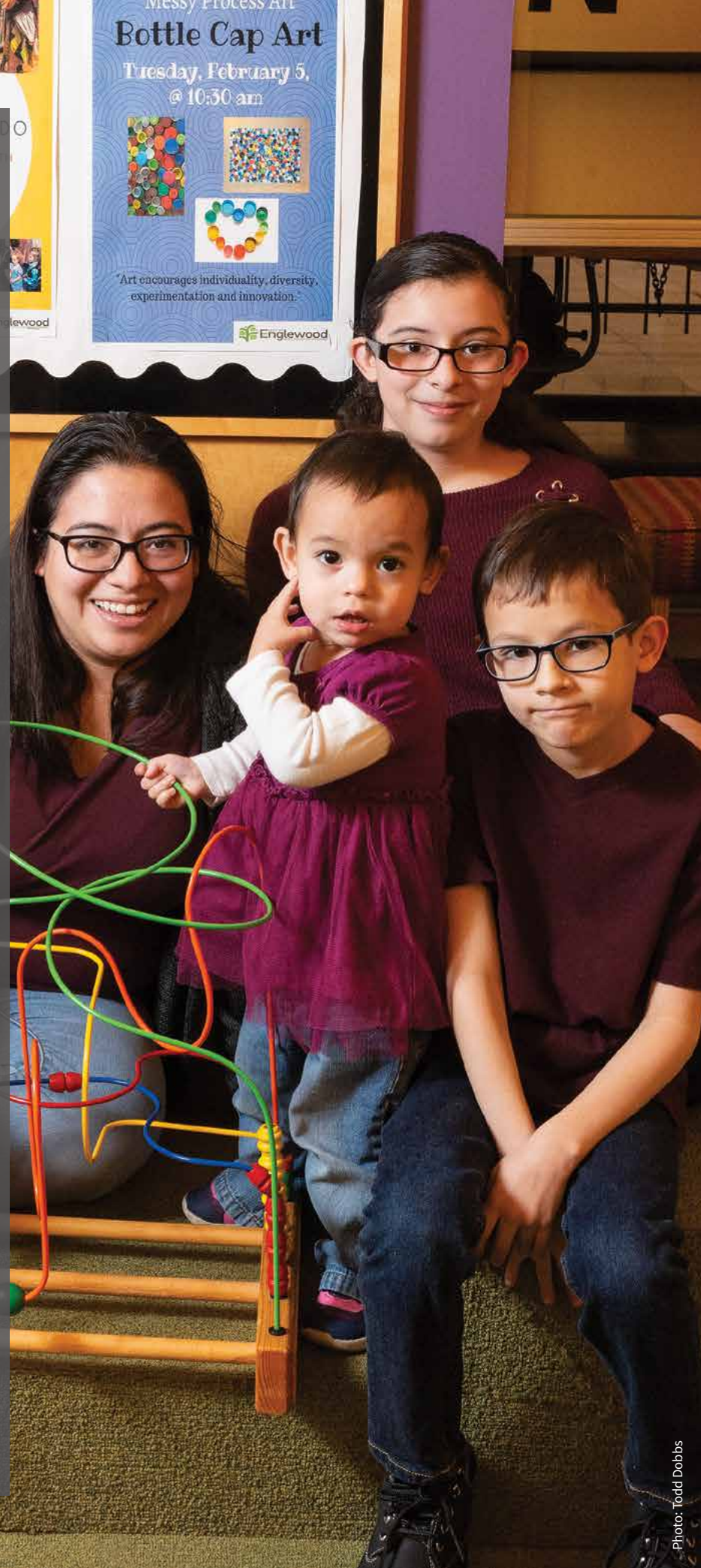


Photo: Todd Dobbs



## GET TO KNOW NEW LOCAL BUSINESSES

Four great places for you to explore

**ONE BARREL BISTRO**  
3401 S. Broadway, Suite 110  
theonebarrel.com



One Barrel is a family owned business that opened its doors in December 2018. Owners Jamie and Jordan Elward are Englewood residents and knew they didn't want their new restaurant to be anywhere else but right in the heart of their home city. Serving lunch and dinner, One Barrel Bistro features upscale American food with a focus on wine – though a full bar is available, too.

"There is so much I look forward to with the future of One Barrel, but I can't wait for all the fun we will have with our wine program," exclaims owner Jamie Elward. Visitors will get expert advice from One Barrel's sommelier-trained staff and can enjoy monthly wine tastings coming soon.



Photos: Bick and Willow Photography

**BARNHOUSE TAP**  
4361 S. Broadway  
Barnhousetap.com



Barnhouse Tap is a family-friendly tasting room offering the best beers, wines, mead, ciders and sodas Colorado has to offer! Sure to be a favorite local hangout for Englewood residents and visitors, Barnhouse officially opened their doors on December 21.

**TONIC HAIR STUDIO**  
1610 E. Girard Place, Suite 102  
tonichairstudiodenver.com



Your go-to spot for custom hair care, salon owner Emily Ross excels at helping her clients find what hairstyle works best for them. Using all-natural products, Emily will have you walking out the door looking your best.

**WARMING TRENDS, LLC**  
4731 S. Santa Fe Cir.  
warming-trends.com



Warming Trends is a family owned business that specializes in making and manufacturing high-end, quality fire pits and fire systems for residential or commercial outdoor entertainment spaces. Customers come from all over the country, and in some cases, the world, to have Warming Trends design their custom outdoor living space.

# FUNDING

## YOUR PRIORITIES

### THE CITY BUDGET: A blueprint for providing services

The City of Englewood's budget is a little more complicated than your own household budget, but the basic principles are pretty much the same: spend carefully, save what you can and borrow when necessary for big projects.

Kevin and Amanda Peterson, along with their young daughter, enjoy a warm day at Duncan Park.

Photo: Ryan Burke

The City has several funds that you can also think of as separate checking accounts. Although certainly not a complete explanation of every fund, here are a few highlights.



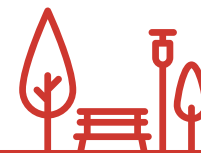
#### GENERAL FUND

This fund pays for most City services including your police department, fire and emergency medical services, the recreation centers, street maintenance and parks, to name just a few. Money comes in from sales tax (60%) and property tax (8%) and a variety of other sources including franchise fees, recreation fees, licenses and permits (32%). About 17% of this fund is required to be held in reserve, similar to a savings account, for unexpected expenses or emergencies.



#### SPECIAL REVENUE FUNDS

The City receives some revenue from funds that pay for specific programs or activities. The Colorado Lottery, for example, sends a percentage of the income from lottery sales to cities across the state to support recreation and outdoor activities. Englewood receives a share of the Arapahoe County Open Space sales tax that is used to cover certain expenses for parks and open spaces.



#### CAPITAL PROJECT FUNDS

Money for these funds comes from a portion of the General Fund, some building and vehicle use taxes and a share of the Arapahoe County Road and Bridge Mill Levy. Over the last five years, these funds have averaged about \$6 million each year. Capital projects include major improvements in buildings, parks, streets and information technology.

#### ENTERPRISE FUNDS

These funds pay for specific investments and services that are not funded by taxes but by user fees paid by residents and nonresidents who use the service. Enterprise funds are part of the overall budget, but their revenue and expenses are, by law, accounted for in their own "bucket." These funds can, and do, build up savings accounts of their own. If these funds need to borrow money for major repairs or improvements, the debt is paid back by user fees.

In Englewood, this includes the following:

- **Water Fund** – This fund pays for our clean drinking water. The Allen Water Treatment Plant processes clean water every day and delivers it safely to your home through the distribution system pipes.
- **Sewer Fund** – This fund pays for those collection system pipes that take sewage safely away from homes and businesses.
- **Storm Water Drainage Fund** – This fund pays for the collection system that drains water away from our City spaces.
- **Golf Fund** – The fees paid by golfers support the Broken Tee Golf Course.



#### SOUTH PLATTE WATER RENEWAL PARTNERS

Our state-of-the art wastewater treatment plant is a joint venture of the cities of Englewood and Littleton. It also serves neighboring communities – about 300,000 people in all. The plant has its own budget approved each year by both city councils.

Want more details? There's a lot more to the story, so watch for updates and more information throughout the year. In the meantime, visit [englewoodco.gov/inside-city-hall/city-departments/financial-services](http://englewoodco.gov/inside-city-hall/city-departments/financial-services) for access to the OpenEnglewood Financial Portal, complete budget documents and audited annual financial reports.

## MEMORY CAFÉ

### A Space for Community and Connection

Beginning this February, the Library will be hosting six Memory Café events once every other month for individuals experiencing memory loss and their caregivers to participate in fun activities and engaging experiences while connecting with others in a welcoming environment.

Each event will feature a new activity that aims to facilitate social connection, create positive memories and reminisce about times gone by. Some examples include a visit to the Museum of Outdoor Art in the Civic Center, a watercolor class and indoor croquet.

Individuals encouraged to attend may have Alzheimer's disease, any type of the dementias or other brain disorders. It is also helpful for people with all forms of mild cognitive impairment. While the Memory Café events are beneficial to those afflicted, it is also valuable for their caregivers as well. It is not respite care or a place to "drop off" your loved one for the afternoon. It is a way to enjoy activities with them as a break from the normal routine by creating



positive memories and opportunities to make connections with others in a similar situation. At the Memory Café, you can just be yourself – without worrying about remembering or forgetting.

For adults. No registration required. Second Monday of every other month starting in February at 2:00 PM. Location: Englewood Public Library, Anderson Room.

## ENGLEWOOD GENERAL MUNICIPAL ELECTION

Election Day: November 5, 2019

### City Council Candidate Information

The City of Englewood will be holding its General Municipal Election on November 5, 2019. Voters will elect four new City Council members: a representative from District 1, District 3 and two At-Large members. All Council appointments are for four-year terms.

Members of Council select the Mayor and Mayor Pro Tem from among their members. The Mayor and Mayor Pro Tem serve in that capacity for a two-year term.

Englewood City Council candidate information packets are available on the City's website at [Englewoodco.gov/2019Election](http://Englewoodco.gov/2019Election). Englewood residents interested in running may also set up an appointment with the City Clerk's office to discuss the process.

For further information, please contact the City Clerk's office via email at [cityclerk@englewoodco.gov](mailto:cityclerk@englewoodco.gov). To view the Council qualifications and to learn more, visit [Englewoodco.gov/2019Election](http://Englewoodco.gov/2019Election).



## JASON PARK'S FUTURE LOOKS PLAYFUL

Major renovations will turn the park into a playground destination for all ages

Jason Park is set to undergo a major redesign that will transform it into a destination for residents and visitors alike. The project – which was informed by community feedback and funded by a grant awarded to the City of Englewood – will include exciting new playground equipment, a revamped picnic area, access to outdoor education and recreation opportunities and an enhanced landscape. Construction is scheduled to begin in spring of 2019 and wrap up in the fall.

The new playground equipment will include components for two play areas: one designed for children ages 2-5, the other for 5-12 year olds. Both areas will include elements that promote various activities like climbing, sliding and balancing.

Three types of swings will be constructed, including a social swing, tot bucket swings and belt swings. There will also be ropes and bars, a balance line and a designated digging play area. The pea gravel playground surface will be replaced with engineered wood fiber, a safe and cost-effective surface material that meets accessibility guidelines.

The majority of the equipment will be ADA accessible and include a transfer station and ramp. More than 30 percent of the equipment will be built from recycled materials, including elements from the old playground that will be repurposed and revamped.



The landscape improvements will include the planting of new shade and ornamental trees, along with replacing the sod grass. The excavated soil will be used to create new berms, providing a natural enclosure to the area for safety and viewing.

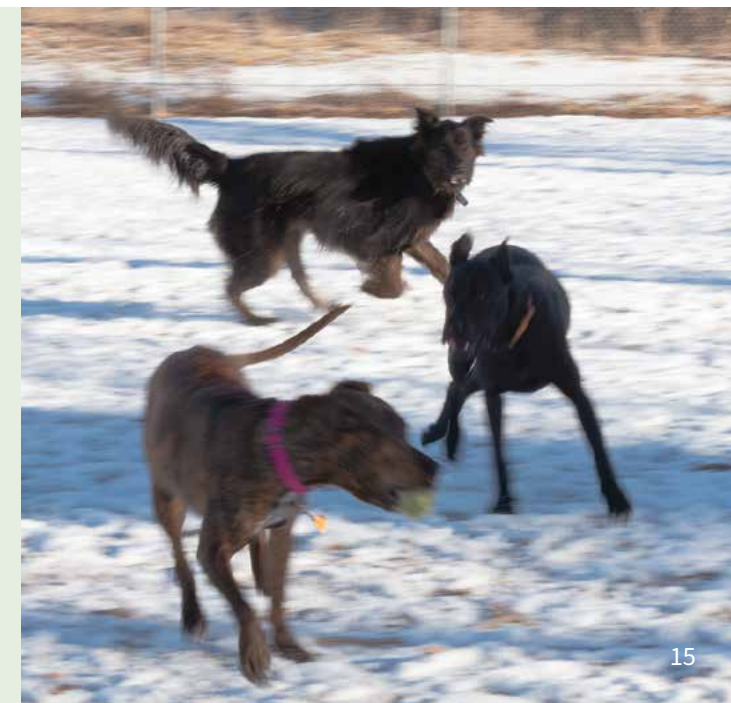
Picnic tables, benches, shaded areas and ADA accessible trails will provide a common area for neighbors of all ages to gather, socialize, recreate and play.

These improvements are all being made with funding from a grant awarded by Arapahoe County Open Spaces and the Board of County Commissioners in August of 2018. When completed, Jason Park will meet the City's goals to provide recreation and leisure opportunities within walking distance and create community spaces for gathering.

## ENGLEWOOD UNLEASHED

Englewood Unleashed is a nonprofit organization that works with the Parks and Recreation Department to allow off-leash dog areas in Englewood's parks. Its primary goal: to ensure that dogs have a safe, clean and healthy place to play and exercise in Englewood without being restrained to a leash, and to cultivate a culture around responsible dog ownership.

Together with the City, Englewood Unleashed has established one fully fenced dog park, Canine Corral, as well as having created off leash privileges during specific hours at four other City parks: Jason Park, Northwest Greenbelt, Centennial Park and Duncan Park. The organization continues to work to make these parks a destination for dog lovers throughout Englewood and the greater Denver area.



# WHERE IS "AWAY"?

## The Story of Your Trash

Have you ever wondered where your trash goes? If you live in the Denver metro area, chances are it goes to the Denver Arapahoe Disposal Site (DADS) landfill, southeast of Buckley Air Force Base. DADS is one of the nation's largest landfills with a footprint of over 2,300 acres.

The most popular solution to disposing of our waste is by burying it. In fact, the Colorado Department of Health and Environment estimates \$265 million worth of resources like glass, cartons, cardboard, paper and metals are buried every year in Colorado! Trash collection data in Colorado only dates back 10 years, so we have no way of knowing how much trash was produced and buried in Colorado beyond that.

Instead of burying resources, it's best to recycle or compost them. Recycling creates nine times more jobs per one ton of waste compared to landfill disposal. When organic material such as food waste, yard waste and paper products decompose without oxygen, methane gas (84 times stronger than CO<sub>2</sub>) is produced and emitted into the atmosphere.

The average Coloradoan produces 10 pounds of trash per day. Help reduce your impact on the environment by refusing unnecessary waste such as Styrofoam to-go containers or disposable plastic ware and reuse instead by bringing your own mug or bag (often for a discount!) before recycling, composting and utilizing your local landfill.



The average Coloradoan produces  
**10 POUNDS**  
OF TRASH PER DAY

MOA MUSEUM OUTDOOR ARTS

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FOLLOW THE MAGIC @NATURA OB

Englewood COLORADO SCFD

# HEY, ENGLEWOOD! SHOW US YOUR BEST SIDE!

Englewood is for the dogs



▲ Rio, the Newfypoo, and his human mom, Claudia, take a break in a local park after a morning of house hunting in Englewood!



▲ Scout, a Bernedoodle pup, is enjoying a sunny fall day on the dog-friendly patio at The Brew on Broadway.

Do you have a great photo to share? The rules are simple. Upload a picture experiencing life in the City of Englewood on Instagram with the hashtag #EnglewoodLife and your photo may be featured in a future issue of the magazine.

Follow the City at  
[instagram.com/cityofenglewoodcolorado](https://www.instagram.com/cityofenglewoodcolorado)

## CALLING ALL COMMUNITY VOLUNTEERS!

Events hosted and managed by the City of Englewood take the hard work and dedication of countless people to run smoothly and efficiently. In 2019, there are several reoccurring and new opportunities where residents can lend a helping hand.

Volunteers of all ages and all capabilities are welcome and encouraged to participate!

A new, dedicated page on the City website will be updated regularly with a list of volunteer opportunities available and describe the event and experience needed to participate.

Visit [englewoodco.gov/about-us/volunteer-opportunities](http://englewoodco.gov/about-us/volunteer-opportunities) for a list of upcoming opportunities or contact Toni Arnoldy at [tarnoldy@englewoodco.gov](mailto:tarnoldy@englewoodco.gov) to be placed on the volunteer list.



## GET YOUR TAIL ON A TRAIL

Saturday, 3/9 • 10:30 AM – NOON • Anderson Room

Saturday, 3/16 • 10:30 AM – NOON • Civic Center Amphitheater

Saturday, 3/23 • 10:30 AM – NOON • Anderson Room

Spring is in the air and it's time to get outside and get active! Englewood Parks, Recreation, and Library are joining forces with Any and All Bikes, Generation Wild, GOCO, and Colorado Parks and Wildlife to bring you this three part series, Get Your Tail on a Trail! Session I focuses on local services and activities. Learn about the Englewood park system and bike paths, our very own recreation centers, Pirates Cove, and Broken Tee golf course. Session II is dedicated to cycling. Spend the morning with Any and All Bikes checking out the latest and greatest models and how to maintain or repair the bikes you already have, and, Part III will get you up-to-date on Colorado's State Park system, the various amenities available, how to be safer around the wildlife, and the State Park Backpack program available through Englewood Library. There will be fun and free stuff at all three sessions.

Follow the City at  
[instagram.com/cityofenglewoodcolorado](https://www.instagram.com/cityofenglewoodcolorado)

# SPRING WORKSHOPS SUPPORT SMALL, LOCAL BUSINESSES

Englewood's small business community is a key contributor of keeping the City vibrant and economically healthy. The City of Englewood's Economic Development team is committed to supporting the small business community through meaningful partnerships and collaboration. Whether you're looking to start a new business or grow your existing one, the Economic Development team is here to develop your goals through workshops, trainings, scholarships, grants, vital business connections and a variety of other resources.

## HERE ARE SOME EXCITING WORKSHOPS COMING THIS SPRING.

### Third Annual Englewood Business Resource Expo (FREE)

Friday, March 22 • 8:00 – 9:30 AM

An opportunity to learn about local, county and state business resources, designed to help your business succeed.

### LEADING EDGE Strategic Planning Series (\$495)

April – May 2019

Five courses long, this comprehensive business-planning program will help you develop a clear vision for your business by creating an actionable and fully-realized business plan.

Register or see the full list of opportunities at [englewoodco.gov/doing-business/business-training](http://englewoodco.gov/doing-business/business-training).



## WHO LET THE DOGS OUT?

We know that your pet is a part of the family. That's why we strive to make Englewood a safe and healthy place for residents – whether you have two legs, or four. Regardless of where you live in the City, roaming cats and dogs create a potentially harmful environment for everyone.

### What Happens When Your Wandering Pet is Picked Up?

It is unlawful in Englewood to allow your dog or cat to roam free. When a pet is found running at large and the identity of the owner can be identified, the pet owner is cited and may be fined. Unknown pets will be impounded and taken to the Humane Society of the South Platte Valley. Pets not claimed by their owner within six business days are at risk of being removed from the City.

### Keep Your Pets Safe

Englewood has multiple areas designated for pets to enjoy safely. There are five off-leash parks in the City that provide space for your pet to run and explore, including Centennial Park, Duncan

Park, Jason Park, Northwest Greenbelt and the Englewood Canine Corral. The Canine Corral is a half-acre dedicated off-leash dog park completely fenced and equipped with benches, pet stations and other amenities. As always, be sure to check posted signs when entering to understand park regulations and do what you can to help others identify your pet (microchip, collar with identification or register them on the Nextdoor Pet Directory).

Visit <http://bit.ly/runningatlarge> to see Englewood's Municipal Code on dogs and cats running at large.

Code Questions? Visit [englewoodco.qscend.com/311](http://englewoodco.qscend.com/311) or send a text to 720-477-4390.

**Code Violation Complaint?** Call 303-762-2335, email us at [codeenforcement@englewoodco.gov](mailto:codeenforcement@englewoodco.gov) or submit a service request online.



## POLICE NEWS

### Police Headquarters – Grand Opening Celebration and Open House Thursday, April 11, 2019

Join us for an official ribbon cutting ceremony before we open the doors for public tours of the new building located at 3615 S. Elati Street, Englewood.

Grand Opening Celebration:  
3:00 – 3:30 PM  
Guided Tours: 3:30 – 6:00 PM

For more information and updates on the event, visit us on Facebook, Instagram and the City's website:

- [@CityofEnglewoodCO](https://www.facebook.com/CityofEnglewoodCO)
- [@cityofenglewoodcolorado](https://www.instagram.com/cityofenglewoodcolorado)
- [englewoodco.gov/police-building](http://englewoodco.gov/police-building)

### Upcoming Events

For additional information or to register, contact Toni Arnoldy at [tarnoldy@englewoodco.gov](mailto:tarnoldy@englewoodco.gov).

#### March

##### Morning Coffee with a Cop

Wednesday, March 13

7:30 – 9:00 AM

Dunkin Donuts (2766 S. Broadway)

#### April

##### Morning Coffee with a Cop

Thursday, April 9

7:30 – 9:00 AM

Starbucks (Bates & Broadway)

##### Evening Coffee with a Cop

Thursday, April 18

4:30 – 6:30 PM

Nixon's (871 Englewood Pkwy.)

#### May

##### Morning Coffee with a Cop

Thursday, May 16

7:30 – 9:00 AM

Breakfast Queen (3460 S. Broadway)

##### Evening Coffee with a Cop

Wednesday, May 29

4:30 – 6:30 PM

Starbucks  
(Bates & Broadway)



# GET OUT AND PLAY!



1. **Englewood Recreation Center**  
1155 W. Oxford Ave.

2. **Malley Recreation Center**  
3380 S. Lincoln St.

3. **Broken Tee Golf Course,  
River Run Trailhead**  
2101 W. Oxford Ave.

4. **Englewood Civic Center,  
Englewood Public Library,  
CityCenter Amphitheater,  
Hampden Hall**  
1000 Englewood Pkwy.

5. **Bellevue Park, Englewood  
Children's Farm and Train,  
Pirates Cove Water Park**  
5001 S. Inca Dr.

6. **Cushing Park**  
700 W. Dartmouth Ave.

7. **Centennial Park**  
4630 S. Decatur St.

8. **Jason Park**  
4299 S. Jason St.

9. **Bates/Logan Park**  
2938 S. Logan St.
10. **Baker Park**  
2200 W. Wesley Ave.

11. **Romans Park**  
1800 E. Floyd Ave.

12. **Rotolo Park**  
4401 S. Huron St.

13. **Duncan Park**  
4880 S. Pennsylvania St.

14. **Barde Park**  
3100 S. Downing St.

15. **Miller Field**  
3600 S. Elati St.

16. **Brent Mayne Field**  
3501 W. Union Ave.

17. **Colorado's Finest High  
School of Choice**  
Outdoor Pickleball Courts  
300 W. Chenango Ave.

18. **Canine Corral**  
4848 S. Windermere St.

19. **Englewood Community Garden**  
W. Dartmouth Ave. and S. Fox St.



## USING YOUR PARKS

**Park Hours:** City parks are open seven days a week from 6:00 AM – 11:00 PM.

**Pavilion Reservations:** Available April 16 through October 15. Reservations begin January 2, 2019. Restrooms in parks are open mid-April through mid-October, weather permitting. Reserve a pavilion online at [englewoodrec.org](http://englewoodrec.org).

**Park Use Permits:** A Park Use Permit is required for groups of 15+ people who will use the park but do not require a shelter. A fee may be required. Commercial use of a park, including individuals or businesses organizing classes or services, requires a Park Use Permit and a fee of \$100. Evidence of additional insurance also required.

**Park Permit Limits:** No more than four Park Use Permits will be issued to the same group or individual during a calendar year in order to ensure equitable access for everyone.

**Community Garden:** Plots available at the Depot Garden on 601 W. Dartmouth Ave. Applications available Feb. 1. Info on [englewoodco.gov](http://englewoodco.gov).

**Special Event Licenses:** A Special Event License may be required for events that are open to the public. Additional insurance, fees, and vendor licenses may apply.

**Dogs In Our Parks:** All dogs must be on leashes except as permitted at designated parks. Please pick up after your dog and follow posted guidelines.

**Athletic Field Use:** Athletic fields must be reserved in advance for any organized play or practice. Call 303-762-2697 for information and availability.

**Drug and Alcohol Policy:** Alcohol & marijuana use are not allowed in any City park or open spaces.

# RECREATION GUIDE

SPRING 2019 | [ENGLEWOODREC.ORG](http://ENGLEWOODREC.ORG)


Residents can  
register starting  
**Wednesday,  
February 6**

All others can  
register starting  
**Friday,  
February 8**



Suzi Zoellner (center) works out with Michele Austin and Scott Pyne during a pilates reformer class at the Englewood Recreation Center.

Photo: Todd Dobbs



# ENGLEWOOD RECREATION CENTER

1155 W. Oxford Ave. • 303-762-2680 • [www.inglewoodrec.org](http://www.inglewoodrec.org)

**Senior Recreation Supervisor:** Allison Boyd • [aboyd@inglewoodco.gov](mailto:aboyd@inglewoodco.gov) • 303-762-2667

**Recreation Supervisors:** Joyce Musgrove • [jmusgrove@inglewoodco.gov](mailto:jmusgrove@inglewoodco.gov) • 303-762-2663  
Sara Stant • [ssant@inglewoodco.gov](mailto:ssant@inglewoodco.gov) • 303-762-2694

A full-service community facility, the center offers:

- Indoor track: 6.5 laps = 1 mile
  - 25-meter, eight-lane swimming pool
  - The Zone! Functional Training Center
  - Full-size gymnasium
  - Expanded weight-training rooms
- Cardiovascular area
  - Four racquetball/walleyball courts
  - Numerous other amenities
  - Locker rooms (supply own lock)

HOURS OF OPERATION

M – Th: 5:30 AM – 10:00 PM  
F: 5:30 AM – 8:00 PM  
Sa & Su: 8:00 AM – 5:00 PM

Center Closures

MEMORIAL DAY 5/27

Activities are for all ages. The facility is open to anyone and offers reasonable rates for daily or extended visit admission.

**NEW** You asked for it, you got it! Select fitness classes included in Premier Annual Passes! Check out pricing below:

Center Admission

Admission includes use of available amenities (pool, weight rooms, cardio room, running track, and gymnasium).

Type	GENERAL: 3 – 54 Years		ACTIVE ADULT: 55 – 82 Years	
	Non-Resident	Resident	Non-Resident	Resident
Daily Admission (Res. ID required)	\$6.00	\$4.75	\$5.50	\$4.00
25-Visit Punch Card	\$105.00 (CPV \$4.20)	\$84.00 (CPV \$3.36)	\$80.00 (CPV \$3.20)	\$64.00 (CPV \$2.56)
Fitness Drop-In	\$10.00	\$8.00	\$10.00	\$8.00
Annual Pass*	\$390.00 (\$32.50/mo)	\$312.00 (\$26.00/mo)	\$356.00 (\$29.67/mo)	\$225.00 (\$18.75/mo)
Premier Annual Pass*	\$465.00 (\$38.75/mo)	\$387.00 (\$32.25/mo)	\$430.00 (\$35.83/mo)	\$300.00 (\$25.00/mo)
Platinum Pass (83+)	FREE		FREE	
Racquetball/Walleyball	Courts are reserved by the hour. Reservations are accepted two days in advance.		\$10.00	\$8.00
6 Hours of Racquetball/Walleyball			\$50.00	\$40.00
Corporate Rates	Call for Pricing; Pricing based on Residency, and number of visits purchased.			

\*All Annual passes are eligible for monthly auto-debit program. Annual & Platinum Active Adult pass good for both ERC and Malley Recreation Centers.

Social Pass (Malley only)

Annual facility fee. Perfect pass for those ineligible for Silver Sneakers® who want to utilize the Malley Center for activities that do not require registration. Pass is valid for 12 months from date of purchase.

\*Annual Pass

Active adults ages 55 – 82 can enjoy use of both Recreation Centers with this pass for drop-in use.

\*Premier Annual Pass

Upgrade your ERC annual pass to include eligible group fitness classes, racquetball rider, one personal training session, four guest passes, and childcare. (See pages 45 and 47 for eligible fitness classes.)

Platinum Pass

Ages 83 and up are free to enjoy drop-in use of the Englewood and Malley Recreation Centers.

Facility Rentals

The center features a multipurpose room with attached kitchen, a small classroom, full-size gymnasium, racquetball courts, and pool facility for individual and group rentals. See website or call 303-762-2680.

Resident ID Cards \$3 – valid 3 years

Englewood residents must obtain a Resident ID card for each member of the family, age 5 and older, who wishes to use an Englewood Recreation facility or register for a program to receive the Resident Fee rate. Parents must have a valid ID to register children under 5 years of age. Valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) is required.

Establish a household account in order to register online. Added bonus: Use your Resident ID to receive resident rates at Cornerstone Park’s batting cages and Colorado Journey Miniature Golf.

**Non-Residents** are required to obtain an ID card to have access to the Center’s amenities (no class discount applied). No card needed for spectators or rental guests (1st card is free).

Englewood Corporate Rates

Englewood business owners, officers, and directors of a corporation located within the legal city limits are eligible to apply for Englewood corporate rates for their employees, allowing use of the recreation facilities and programs at the discounted resident rate. Applications are accepted at the Englewood Recreation Center.



Fitness Program

Eligible SilverSneakers® members (check with guest service staff to verify eligibility) can participate in specialized non-impact SilverSneakers® fitness classes and other activities for free or at a reduced rate. Just look for the SilverSneakers® logo next to class descriptions.



Financial Assistance

Please contact 303-762-2680 or [webmaster@inglewoodco.gov](mailto:webmaster@inglewoodco.gov).

Individuals with Disabilities Program

The City of Englewood strives to mainstream individuals with disabilities into its recreation programs. Qualified individuals with disabilities are provided with reasonable accommodation in order to receive equal opportunity of inclusion. Please contact 303-762-2680 or [webmaster@inglewoodco.gov](mailto:webmaster@inglewoodco.gov).

The ZONE

Check out this functional training system that will elevate your workout. Multiple exercise stations can be custom configured to suit your level of training. Stations include squat rack, renegade station, high-low pulleys, heavy bag, monkey bars, traversing walls, rebounder, jump platform, and dozens of attachment points for straps and accessories provide unlimited fitness routines. Tetro Performance offers a variety of fitness classes for all levels. Register online at [tetroperformance.com](http://tetroperformance.com) and check out page 41 for classes.

RESIDENT REGISTRATION BEGINS **WEDNESDAY, 2/6**. ALL OTHERS CAN REGISTER **FRIDAY, 2/8**.

HOW TO REGISTER



**ONLINE:** Submit registrations anytime at [www.inglewoodrec.org](http://www.inglewoodrec.org). Payments must be made with Visa, MasterCard, Discover Card, or Amex.



**DROP OFF:** Registrations are accepted at the **Englewood Recreation Center** or **Malley Recreation Center** during regular business hours.



**MAIL:** Mail your registration form to **Englewood Recreation Center, 1155 W. Oxford Ave., Englewood, CO 80110** or **Malley Recreation Center, 3380 S. Lincoln St., Englewood, CO 80113**



**PHONE:** Call 303-762-2680 or 303-762-2660 during regular business hours.

Policies & Enrollment

All registrations are processed in the order they are received. At the beginning of each registration period, Englewood Resident ID cardholders are given priority and are able to enroll two days before others. During this period, non-resident registrations are accepted and prioritized by date/time. Once the priority enrollment is concluded, all available activity space is filled by non-resident participants in the order received. After this process, all registrations are handled on a first-come, first-served basis. All checks are payable to the City of Englewood. Checks are accepted for payment provided they are for the amount of purchase only, local (Colorado), preprinted with customer’s name and address, and have a valid Colorado Driver License or Colorado ID card number on them. A \$25 service charge will be assessed on any returned check.



# MALLEY RECREATION CENTER

**FOR AGES 55 AND BETTER** • 3380 S. Lincoln St. • 303-762-2660

**Senior Recreation Supervisor:** Allison Boyd • [aboyd@englewoodco.gov](mailto:aboyd@englewoodco.gov) • 303-762-2667

**Recreation Supervisors:** Shelly Fritz-Pelle • [sfritz@englewoodco.gov](mailto:sfritz@englewoodco.gov) • 303-762-2661

Cheryl Adamson • [cadamson@englewoodco.gov](mailto:cadamson@englewoodco.gov) • 303-762-2662

The Malley Recreation Center and programs promote healthy aging and social activity. Enriching programs include fitness, outdoor adventures, education, excursions, extended travel, special events, VOA lunch, drop-in activities, arts and crafts, and more. Stop in for a tour.

**Resident ID Cards \$3 – valid 3 years from date of purchase**

Englewood residents must obtain a Resident ID card for each member of the family who wishes to use an Englewood Recreation facility or register for a program to receive the Resident Fee rate. Valid photo ID with current address or documentation verifying current Englewood address (vehicle registration, utility bill or phone bill, etc.) is required.

Establish a household account in order to register online. Added bonus: Use your Resident ID to receive resident rates at Cornerstone Park’s batting cages and Colorado Journey Miniature Golf.

HOURS OF OPERATION	Center Closures
<b>M – Th:</b> 8:00 AM – 7:00 PM	ANNUAL MAINTENANCE 2/25 – 3/3
<b>F:</b> 8:00 AM – 5:00 PM	MEMORIAL DAY 5/27
<b>Sa:</b> 9:00 AM – 1:00 PM	
<b>Su:</b> Closed (Except for scheduled activities)	

**Non-Residents** are required to obtain an ID card to have access to the Center’s amenities (no discount applied). No card needed for spectators or rental guests (1st card is free).

Participation is open to both Englewood residents and non-residents. Those over 55 years of age receive priority when registering and adults 18 years and older may register for classes and activities on a space-available basis. The Malley Fitness Center and Computer access are not available to those under age 55.

**NEW Annual Pass – Enjoy both Malley and the Englewood Recreation Center.**  
Premier Annual Pass includes selected classes. See pages 45 and 47.

Type	ACTIVE ADULT: 55 – 82 Years	
	Resident	Non-Resident
Social Pass	\$48.00	\$60.00
Annual Pass (Multi-Facility)	\$225.00 (\$18.75/mo)	\$356.00 (\$29.67/mo)
Premier Annual Pass	\$300.00 (\$25.00/mo)	\$430.00 (\$35.83/mo)
Platinum Pass (83+)	FREE	FREE

**Social Pass**

Annual facility fee. If you are not eligible for SilverSneakers® and only wish to utilize the Malley Recreation Center for activities that don’t require registration, then this is the pass for you. The pass allows twelve months of access to all the Malley Recreation programs that do not include a class number. Includes use of available facilities (fitness center, game room, computers, bridge, bunco, billiards, lobby access, table tennis, pickleball or drop-in gym).

**Fitness Program**

Eligible SilverSneakers® members (check with the front counter to see if you are eligible) can participate in specialized non-impact SilverSneakers® fitness classes and other activities for free or at a reduced rate. Just look for the SilverSneakers® logo next to class descriptions.



**Volunteers of America (VOA) Nutrition Program**

Malley Center and Volunteers of America team up to serve a great lunch Monday through Friday in the Malley Center Ballroom 11:30 AM – 1:00 PM. Reservations are required and must be made by noon two days in advance at the front desk or by calling 303-762-2660. Reservations for Monday and Tuesday must be made by noon on the previous Thursday. Monthly menus are available online at [www.englewoodco.gov](http://www.englewoodco.gov) or at Malley. Suggested donation is \$2.50 for ages 60 or over, or for a person under 60 who is a spouse of an eligible person. Under 60 is \$8.50. First-time visitors must complete a VOA registration form.

**M – F Malley Ballroom**

**Visiting Nurse Association**

Provides quality, affordable health care including foot care, blood pressure checks, and monitoring of chronic conditions. Appointment only. Call 303-698-6496.

**March 21, April 18, May 16**

THE FOLLOWING PROGRAMS REQUIRE PURCHASE OF THE SOCIAL PASS

**BYOC Crafters Group**

Do you start projects and have difficulty finishing them? If you answered “yes” then this group is perfect for you! Bring your supplies and join others who love to craft too! Large tables and sewing machines are provided. *Location: MRC-Lookout Mountain Art Room*

**Oil Painting**

Oil painting is a vibrant and extremely versatile medium. Bring your own supplies and work at your own pace. Have fun while finishing a piece for your home, family, or friend. There is no instructor, but members can help each other. *Location: MRC-Lookout Mountain Art Room*

**Drop-In Woodcarving**

For carvers with some experience. A carving glove and thumb guard are required. There is no instructor; however, fellow carvers can help each other. *Location: MRC-Lookout Mountain Art Room*

**Bunka Embroidery**

Bunka embroidery is sometimes called Japanese thread painting and the finished picture frequently resembles an oil painting. There is no instructor, but members can help each other. *Location: MRC-Flatirons*

**Table Tennis**

The sport can be played single or doubles and is great for beginners. Annual or daily pass required. *Location: MRC Gym*

**Retirement Support Group**

Gather with other retirees and share thoughts and stories about retirement topics such as friendship, loss, leisure, purpose, and much more. Annual or daily pass required.

**Bunco Bash Fridays**

Have fun, be social, and play an easy-to-learn, yet exciting game! Played with only dice and a score sheet, all you need to do is roll the dice and add the points! Partners rotate. Annual or daily pass required. Refreshments and prizes included.

**Bridge Group**

Enjoy duplicate bridge and bring a partner. Annual or daily pass required.

**Mahjong**

Join us for this Chinese-originated game using various designed tiles. No partner needed. Bring your mahjong set if you have one. Annual or daily pass required.



**Movie Time**

Join us twice monthly to watch a free movie on the big screen. Popcorn available for 25¢. Watch for flyers each month with the movie title or call 303-762-2660 the week of the movie.

SELF-LED PROGRAMS							
Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee
BYOC Crafters Group	21760611	3/4 – 5/20	M	1:00 – 3:00 PM	MRC-ART Room	\$16	\$13
Oil Painting	21761411	3/6 – 5/22	W	1:00 – 3:00 PM	MRC-ART Room	\$16	\$13
Drop-in Woodcarving	21762511	3/6 – 5/22	W	6:00 – 8:00 PM	MRC-ART Room	\$16	\$13
	21762512	3/8 – 5/24	F	9:30 – 11:30 AM	MRC-ART Room	\$16	\$13
Bunka Embroidery	21751611	3/9 – 5/25	Sa	9:00 AM – NOON	MRC-Flatirons	\$16	\$13
DROP-IN PROGRAMS REQUIRING SOCIAL PASS							
Bridge Group			Tu	12:30 – 4:00 PM		SOCIAL PASS	
Table Tennis			Tu/Th	12:30 – 4:30 PM	MRC-Gym	SOCIAL PASS	
Retirement Support Group			W	10:30 – 11:30 AM		SOCIAL PASS	
Mahjong			F	12:30 – 4:30 PM		SOCIAL PASS	
Bunco Bash Fridays		1st, 3rd, 5th	F	1:00 – 3:00 PM		SOCIAL PASS	
MovieTime – New Release		3/8, 4/12, 5/10	F	1:00 PM		SOCIAL PASS	
MovieTime – Classic		3/22, 4/26, 5/24	F	1:00 PM		SOCIAL PASS	

DROP-IN PICKLEBALL SCHEDULE								
(*CFHSC = Colorado's Finest High School of Choice, 300 W. Chenango Ave.)								
Courts are first come, first served and subject to availability								
Location	Level	Sun	Mon	Tues	Wed	Thurs	Fri	Sat
MRC	Beg./Int.		11:15 AM – 1:30 PM		1 – 4 PM		11:15 AM – 1:30 PM	
	Adv.		1:30 – 5 PM		2:30 – 5 PM		1:30 – 5 PM	9 AM – 1 PM
ERC	Beg./Int.						1 – 4 PM	
CFHSC*	Beg./Int.			1 – 5 PM		1 – 5 PM	1 – 5 PM	
	Adv.	1 – 5 PM		8 AM – NOON		8 AM – NOON		

Pickleball is a low-impact, active game combining elements of badminton, tennis, and table tennis. Players use paddles and a plastic ball in a court with a low net. It's easy to learn this quick, fast-paced, competitive game. Equipment is available. Annual or daily pass required.

**SEE PAGE 34 FOR CLASSES.**



# ADULT DANCE & MUSIC

**Recreation Supervisors:** Joyce Musgrove • jmusgrove@englewoodco.gov • 303-762-2663  
Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2661

## Piano Lessons

Age: 55 yrs + priority; 18 – 54 yrs, space available

Location: MRC-Eldorado

Instructor: Gail Hamilton

### ADVANCED PIANO

Classes focus on teaching piano by ear and/or reading music. Students can choose supplemental pieces throughout the course; however, book and music selections will be determined on an individual basis. Students need to have a grasp of music fundamentals outlined in the Beginning and Intermediate Piano classes.

3/8 – 3/29	F	9:00 – 10:00 AM	\$33/\$26	21861411
4/5 – 4/26	F	9:00 – 10:00 AM	\$33/\$26	21861412
5/3 – 5/24	F	9:00 – 10:00 AM	\$33/\$26	21861413

### INTERMEDIATE PIANO

Classes focus on integrating and expanding piano playing and fundamentals learned in Beginning Piano. Students can choose supplemental pieces throughout the course; however, book and music sections will be determined on an individual basis. Instructor has the right to evaluate your skill level to put you in the class that best fits your needs.

3/8 – 3/29	F	10:00 – 11:00 AM	\$33/\$26	21861611
4/5 – 4/26	F	10:00 – 11:00 AM	\$33/\$26	21861612
5/3 – 5/24	F	10:00 – 11:00 AM	\$33/\$26	21861613

### BEGINNING PIANO

This class focuses on teaching very basic concepts: how to read music, keys on the piano, how to count, and how to play simple songs. Students can choose supplemental pieces throughout the course; however, book and music selections will be determined on an individual basis.

3/8 – 3/29	F	11:00 AM – NOON	\$33/\$26	21861511
4/5 – 4/26	F	11:00 AM – NOON	\$33/\$26	21861512
5/3 – 5/24	F	11:00 AM – NOON	\$33/\$26	21861513



## Belly Dancing

Age: 55 yrs + priority; 18 – 54 yrs, space available

Explore the art of belly dance, learning foundations, choreography, and improvisational exercises using dance props. No prior dance experience necessary.

Location: ERC-A.A. #2

Instructors: Adina & Aziza of Troupe D'Aliah

3/5 – 4/9	Tu	6:35 – 8:10 PM	\$66/\$53	21850111
4/16 – 5/21	Tu	6:35 – 8:10 PM	\$66/\$53	21850112

## Social Ballroom

Age: 55 yrs+ priority; 18 – 54 yrs, space available

Incorporate how to move around the dance floor, proper placement of hands and arms, how to tie steps together, and specific footwork. You will practice with Latin and American dance styles. A new dance is taught each month. March: Samba, April: Bolero, May: Mambo.

Location: MRC-Ballroom

Instructor: Lila Horton

3/4 – 5/20	M	3:00 – 4:30 PM	\$45/\$38	21860111
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## Basic Line Dance

Age: 55 yrs+ priority; 18 – 54 yrs, space available

Learn the basic universal line dance steps. Your mind and body will benefit from this class.

Location: MRC-Ballroom

Instructor: Judy Curtis

3/4 – 5/20	M	5:30 – 6:30 PM	\$47/\$38	21860311
3/6 – 5/22	W	8:15 – 9:00 AM	\$41/\$33	21860312

## Beginning Line Dance

Age: 55 yrs+ priority; 18 – 54 yrs, space available

Step up the pace in this beginning class. Learn more steps while perfecting the vine, weave, and shuffle. This class is for dancers who have some line dance experience.

Location: MRC-Ballroom

Instructor: Judy Curtis

3/6 – 5/22	W	9:00 – 10:00 AM	\$47/\$38	21860411
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## Advanced Beginning Line Dance

Age: 55 yrs+ priority; 18 – 54 yrs, space available

This dance level will build on your endurance and memory by using steps already learned in different combinations to faster music, thus increasing your cardio and calorie output.

Location: MRC-Ballroom

Instructor: Judy Curtis

3/6 – 5/22	W	10:15 – 11:15 AM	\$47/\$38	21860611
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# ARTS & CRAFTS

**Recreation Supervisor:** Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2661

## Creative Pottery

Use different methods of hand building and/or sculpting to create 3 pieces of art. Clay and glazes included. Open to all skill levels. Supply fee \$15 per 12 lb. of clay used, payable to instructor.

Location: MRC

3/5 – 4/9	Tu	1:00 – 3:00 PM	\$72/\$67	21760411
4/16 – 5/21	Tu	1:00 – 3:00 PM	\$72/\$67	21760412

## Knitting

Create new projects while learning new stitches and techniques with this knitting class. This class is for all skill levels. Supply list at the first class.

Location: MRC-Lookout Mtn. Art Room

Instructor: Megan Gold

3/5 – 3/26	Tu	5:30 – 7:30 PM	\$41/\$33	21750511
4/2 – 4/23	Tu	5:30 – 7:30 PM	\$41/\$33	21750512
4/30 – 5/21	Tu	5:30 – 7:30 PM	\$41/\$33	21750513

## Chocolate and Canvas

Age: 10 yrs+

Participants follow along step by step to complete their own beautiful paintings. We provide the supplies and walk you through each step of the process. There will be delicious chocolate to snack on, too! Material fee: \$20 per class, payable to instructor. March: Flower Burst, April: Sunflower.

Location: MRC-Lookout Mtn. Art Room

3/20	W	6:00 – 8:00 PM	\$13/\$10	21750611
4/17	W	6:00 – 8:00 PM	\$13/\$10	21750612

## Leather Crafting

Learn about the art of leather crafting. All skill levels welcome and students can expect to end the class with beautiful designs. Material fee: \$50 payable to instructor.

Location: MRC-Lookout Mtn. Art Room

Instructor: Michael McGrath

3/5 – 4/9	Tu	10:00 AM – NOON	\$72/\$67	21760711
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## Drawing and Painting Class

Whether you like to paint, smatter, draw, or sketch, this class will bring out your creativeness. Different mediums include watercolors, acrylics, or pencils – pick your favorite and enrich your skills in this class. All levels of experience welcomed. Bring any works in progress or start something new.

Location: MRC-Lookout Mtn. Art Room

Instructor: Eileen Hoffman

3/7 – 4/11	Th	8:15 – 10:15 AM	\$66/\$53	21760511
4/18 – 5/23	Th	8:15 – 10:15 AM	\$66/\$53	21760512
3/7 – 4/11	Th	4:15 – 6:00 PM	\$58/\$46	21761011
4/18 – 5/23	Th	4:15 – 6:00 PM	\$58/\$46	21761012

## Encaustics

Learn to make your own greeting cards using an ancient Egyptian art form that involves heating colored wax with a small iron and applying it to a heavy glossy paper. You'll leave the class with 5 different cards and an 8 x 10" picture. Material fee: \$25 payable to the instructor.

Location: MRC

3/16	Sa	9:30 AM – 12:30 PM	\$15/\$12	21760211
4/24	W	9:30 AM – 12:30 PM	\$15/\$12	21760212

## CONGRATULATIONS TO THE 13<sup>TH</sup> ANNUAL ART EXHIBIT “PEOPLE’S CHOICE” WINNERS!



◀ 1st Place  
Deivis Barco  
(Charcoal)



▲ 3rd Place  
Lori Merriman  
(Photography)  
◀ 2nd Place  
John McGarvey  
(Acrylic)



# COMPUTER / TECH CLASSES

Computer Classes: 303-762-2555 • Personal Tech Training: 303-762-2660

PLEASE NOTE: Computer classes take place in the Englewood Public Library. Registration required: 303-762-2555. All computer classes in the library are free of charge. For fee-based, one-on-one computer training, please see Personal Computer Training.

Computer Basics: Just Getting Started

Learn the basics of using a computer and practice using a mouse. No computer experience required. Registration required.

3/2 Sa 10:30 AM – NOON LIBRARY TECH LAB

Excel Basics

Excel spreadsheets allow you to easily store, organize, and manipulate data. This class teaches the basics of Excel (inserting text, basic functions, AutoSum, AutoFill, and more) by creating a budget spreadsheet and making Excel do all the math for you! Registration required.

3/20 W 6:30 – 8:00 PM LIBRARY TECH LAB

MS Word Fundamentals

Learn how to create and edit a document with Microsoft Word. This class will cover creating a new document and a few of the basic formatting tools like bolding text, changing your font, and page alignment. Registration required.

4/6 Sa 10:30 AM – NOON LIBRARY TECH LAB

Internet Wise

Learn about the tools you can use to limit what’s shared about you online. Find out how browser plug-ins, proxies, and the Tor browser can help keep your information private. Registration required.

4/17 W 6:30 – 8:00 PM LIBRARY TECH LAB

Excel: Conditional Formatting

Have you taken our basics class? It's time to move on and expand your Excel knowledge. Learn about conditional formatting, freezing rows, and using tables. Basic Excel skills necessary. Registration required.

5/4 Sa 10:30 AM – NOON LIBRARY TECH LAB

Video Chat with Skype: The Basics

Skype is a free internet voice and video call service. Learn how to use Skype to make video calls from your computer or mobile device. Email address needed. Registration required.

5/15 W 6:30 – 8:00 PM LIBRARY TECH LAB

Smartphones: What’s the Deal?

Learn about the useful reasons to own a smartphone and some of the fun stuff, too. No computer experience required. No registration required.

3/18 Sa 6:30 – 8:00 PM ANDERSON ROOM

Open Tech Labs

Get help with job applications, résumés, Microsoft Office, e-books, and more.

Th: 4:30 – 6:30 PM  
F: 2:30 – 4:30 PM  
Sa: 2:30 – 4:30 PM  
Su: 2:30 – 4:30 PM



# BROKEN TEE GOLF COURSE

Broken Tee Golf Course • 303-762-2670 • 2101 W. Oxford Ave. • www.brokentee golf.com

Englewood Parks and Recreation presents one of the finest public golf facilities in the Rocky Mountain Region: Broken Tee Golf Course.

This golf complex offers:

- Championship 18-hole course with Dye design front 9
- Par 3 course with multiple tee boxes – a challenge for the serious golfer or simple fun for the entire family
- Large driving range and one of the best practice areas in Metro Denver
- Offering FootGolf on the Par 3 course

In the 2018 *Colorado Avid Golfer* “Best of Colorado” magazine, Broken Tee was named Best Course for Families, Best Practice Facility, and Best Course for Seniors.

Advance Tee Times

Call 303-762-2670 after 2:00 PM or book your tee times online.

Residents: Book nine days in advance.

Non-residents: Book eight days in advance.

Visit the website for current pricing of green fees, carts, and driving range ball buckets.

Hole-n-One Junior Golf Program

Be a part of our award-winning Hole-n-One Junior Golf Program this summer for ages 5 – 15!

We focus on rules, etiquette, short and long game instruction with an emphasis on fun. Children learn and build on fundamentals of golf in a positive environment with top quality instruction.

Five lessons are offered each week! Choose from three different time options for each week:

Week One Option: June 3, 4, 5, 6, and 7

22430411	M, Tu, W, Th, F	8:30 – 9:30 AM	\$80/\$75
22430412	M, Tu, W, Th, F	9:35 – 10:35 AM	\$80/\$75
22430413	M, Tu, W, Th, F	10:40 – 11:40 AM	\$80/\$75

Week Two Option: June 10, 11, 12, 13, and 14

22430422	M, Tu, W, Th, F	8:30 – 9:30 AM	\$80/\$75
22430423	M, Tu, W, Th, F	9:35 – 10:35 AM	\$80/\$75
22430424	M, Tu, W, Th, F	10:40 – 11:40 AM	\$80/\$75

\*No change to the fee for the last two years!

Lessons will be held at Broken Tee Golf Course’s driving range, practice area, Par 3 course, and at Colorado Journey Miniature Golf: 5150 S. Windermere St., Littleton, CO. Check out the details at [www.brokentee golf.com](http://www.brokentee golf.com).

Special “Get Golf Going” offers will be available to pre-order at a discounted rate during registration for those looking for great deals on clubs and shoes!

As an extra bonus and part of this program, join us on Wednesday, June 19, for a Golf Day Celebration! All family members are welcome from 11:00 AM – 1:00 PM for a BBQ, games, contests, drawings, and much more!

Plan on CELEBRATING GOLF on June 19 by joining in a family fun day on the Par 3 all day long! More details to come.

Americans with Disabilities

We are committed to supporting and complying with the Americans with Disabilities Act. If you require special accommodations, please notify us at least two weeks in advance of the activity.

Refund Policy

Unable to attend an activity for which you have registered? If you paid by credit card, we will refund your full dollar amount back to your credit card. If you paid in cash or by check, you can transfer your dollar amount to another class/program or retain a household credit to be used in the future. Please note that transfers/refunds/ household credits pertaining to the Outdoor Adventures or Excursions program areas have different policies.

Excursions/Outdoor Adventure Refunds

For all Excursions or Outdoor Adventures, a refund of the activity fee, less a \$5 cancellation charge, will automatically be given if the cancellation occurs five business days (M – F) prior to the date of the activity, unless indicated. Some activities have early cancellation dates. If cancellation occurs within five working days of the activity, or after the early cancellation date, a refund (minus \$5) will be given only if the space can be filled. Ticketed events may not be eligible for full refund.

Excursion policies and procedures can be found online and at the Malley Recreation Center.





# ACTIVE KIDS

**Recreation Supervisor:** Joyce Musgrove • [jmusgrove@englewoodco.gov](mailto:jmusgrove@englewoodco.gov) • 303-762-2663

### Toddler & Me Dance

2 – 3 yrs  
Music, movement, balance, and the basic dance steps are introduced in a fun, friendly, and positive atmosphere. This class includes mom, dad, or another loved one who participates with the little dancer. Our teachers will keep the music and curriculum moving along while parents take an active role in encouraging, supporting, and keeping the little dancer on track. This program is not included in the recital.  
Location: Englewood Rec Center-A.A. #1

### PeeWee Dance

2½ – 5 yrs  
PeeWee dance classes are focused on dance techniques, safety, fun, movement, coordination, and self-esteem. Dancers develop the basics of tap, jazz, and ballet steps while working on following directions and working well with others. Classes focus on dance fundamentals and technique, building up to the spring and winter seasons, which include recitals. Parents of children who may require help changing their shoes are asked to remain outside of the classroom to assist with a mid-class shoe change. Recital season classes require a costume rental fee, which is usually \$15 for three costumes. This fee is in addition to the class participation fee.  
Location: Englewood Rec Center-A.A. #1

### Youth Dance

6 – 10 yrs  
Youth dance classes are designed to help your child become a well-rounded dancer in several different styles of dance including tap, jazz, hip-hop, and ballet in a fun and energetic class! Classes focus on dance fundamentals and technique. Recitals during spring and summer season classes require a costume rental fee, which is usually \$15 for three costumes. This fee is in addition to the class participation fee.  
Location: Englewood Rec Center-A.A. #1

### Toddler & Me Tumbling

18 – 36 mos  
Need a place for your tot to explore, play, and let out some energy in a fun and safe environment? You and your child will learn simple tumbling skills while meeting new friends.  
Location: Englewood Rec Center-A.A. #2

### Tumbling Tykes

3 – 5 yrs  
This interactive class will enhance young tumblers' balance and strength, and will help them learn beginning tumbling skills. While this class is designed for children to take independently, parents are asked to remain in the building.  
Location: Englewood Rec Center-A.A. #2

### Gymnast Jubilee

6 – 8 yrs  
Kids will learn rolls, cartwheels, and balance, all while having a blast and meeting new friends. While this class is designed for children to take independently, parents are asked to remain in the building.  
Location: Englewood Rec Center-A.A. #2

### Summer Drama Auditions!

**Friday, 4/26 • 5:00 – 9:00 PM**  
**Saturday, 4/27 • 9:30 AM – NOON**  
Calling actors ages 8 to 98 to participate in the Englewood Summer Drama Program! This year's musical is still to be determined. To audition, please prepare a one-minute song – an accompanist will be available. Call Sara at 303-762-2680 for more information or go to [englewoodco.gov/EnglewoodHappenings](http://englewoodco.gov/EnglewoodHappenings).  
Location: Malley Recreation Center

**SAVE THE DATE:** The curtain raises 7/26, Fisher Auditorium, The Englewood Campus



### Englewood Recreation Center Drop-In Child Care

Conveniently located on site at the Englewood Recreation Center, the drop-in child care is a fun environment for children 6 months to 8 years to enjoy while parents/guardians utilize the Recreation Center.

**Hours:**  
**M – Th:** 4:00 – 8:00 PM  
**Sa:** 8:00 AM – 1:00 PM

**Fees:**  
\$6 for up to 2 hours of care. Discounted rate of \$5 for up to 2 hours for residents. Premier pass holders: Included.

## YOUTH DANCE & ACTIVE YOUTH CLASSES

Class	Activity #	Age Group	Dates	Days	Time	Location	Fee	Res Fee
Toddler & Me Dance <i>No class 3/30</i>	21820011	2 – 3 yrs	3/9 – 4/13	Sa	9:00 – 9:30 AM	ERC-AA1	\$19	\$15
	21820012	2 – 3 yrs	4/20 – 5/18	Sa	9:00 – 9:30 AM	ERC-AA1	\$19	\$15
Peewee Dance <i>No class 3/27 &amp; 3/30</i> Recital 5/19	21820111	2½ – 3 yrs	3/6 – 5/15	W	4:00 – 4:30 PM	ERC-AA1	\$30	\$24
	21820112	2½ – 3 yrs	3/9 – 5/18	Sa	11:15 – 11:45 AM	ERC-AA1	\$30	\$24
	21820113	3 – 5 yrs	3/6 – 5/15	W	4:30 – 5:15 PM	ERC-AA1	\$42	\$34
	21820114	3 – 5 yrs	3/9 – 5/18	Sa	9:30 – 10:15 AM	ERC-AA1	\$42	\$34
	21820115	3 – 5 yrs	3/9 – 5/18	Sa	10:15 – 11:00 AM	ERC-AA1	\$42	\$34
Youth Dance <i>No class 3/27 &amp; 3/30</i> Recital 5/19	21820211	6 – 8 yrs	3/6 – 5/15	W	5:15 – 6:15 PM	ERC-AA1	\$55	\$43
	21820212	9 – 10 yrs	3/6 – 5/15	W	6:15 – 7:15 PM	ERC-AA1	\$55	\$43
	21820213	6 – 8 yrs	3/9 – 5/18	Sa	11:45 AM – 12:45 PM	ERC-AA1	\$55	\$43
	21820214	9 – 10 yrs	3/9 – 5/18	Sa	12:45 – 1:45 PM	ERC-AA1	\$55	\$43
Toddler & Me Tumbling <i>No class 3/30</i>	22310111	18 – 36 mos	3/9 – 4/13	Sa	8:30 – 9:00 AM	ERC-AA2	\$26	\$21
	22310112	18 – 36 mos	3/9 – 4/13	Sa	9:00 – 9:30 AM	ERC-AA2	\$26	\$21
	22310113	18 – 36 mos	4/20 – 5/18	Sa	8:30 – 9:00 AM	ERC-AA2	\$26	\$21
	22310114	18 – 36 mos	4/20 – 5/18	Sa	9:00 – 9:30 AM	ERC-AA2	\$26	\$21
Tumbling Tykes <i>No class 3/30</i>	22320211	3 – 5 yrs	3/9 – 4/13	Sa	9:30 – 10:15 AM	ERC-AA2	\$34	\$28
	22320212	3 – 5 yrs	4/20 – 5/18	Sa	9:30 – 10:15 AM	ERC-AA2	\$34	\$28
Gymnast Jubilee <i>No class 3/30</i>	22320311	6 – 8 yrs	3/9 – 4/13	Sa	10:15 – 11:00 AM	ERC-AA2	\$34	\$28
	22320312	6 – 8 yrs	4/20 – 5/18	Sa	10:15 – 11:00 AM	ERC-AA2	\$34	\$28

## YOUTH RACQUET SPORTS

Class	Activity #	Age Group	Dates	Days	Time	Location	Fee	Res Fee	Reg Deadline
Youth Beginner Tennis Lessons	22356010	6 – 15 yrs	5/7 – 5/30	Tu & Th	5:00 – 6:00 PM	Bellevue Park	\$35	\$28	5/3
	32356009	6 – 15 yrs	6/4 – 6/27	Tu & Th	5:00 – 6:00 PM	EHS*	\$35	\$28	5/31

\*EHS = Englewood High School Tennis Courts – 3800 S. Logan St.

### Peewee Athletics Classes

In these four-week-long sessions, you and your child will learn basic skills of the sport along with teamwork and sportsmanship. Parents can play an active role in the class. Wear comfortable clothes, closed-toed shoes, sunscreen and bring water. Be ready for a lot of fun!

## PEEWEE ATHLETICS CLASSES

Class	Activity #	Age Group	Dates	Day	Time	Location	Fee	Res Fee	Reg Deadline
Little Kickers Soccer	22331011	3 – 5 yrs	3/9 – 3/30	Sa	8:30 – 9:15 AM	Jason Park	\$50	\$40	3/6
	22331012	3 – 5 yrs	4/6 – 4/27	Sa	8:30 – 9:15 AM	Jason Park	\$50	\$40	4/3
Little Sluggers T-Ball	22331111	3 – 5 yrs	3/9 – 3/30	Sa	9:30 – 10:15 AM	Jason Park	\$50	\$40	3/6
	22331112	3 – 5 yrs	4/6 – 4/27	Sa	9:30 – 10:15 AM	Jason Park	\$50	\$40	4/3
Sport Sampler*	22331211	3 – 5 yrs	3/9 – 3/30	Sa	10:45 – 11:30 AM	Jason Park	\$50	\$40	3/6
	22331212	3 – 5 yrs	4/6 – 4/27	Sa	10:45 – 11:30 AM	Jason Park	\$50	\$40	4/3

\*Kids will learn a different sport each week including soccer, T-ball, flag football, and basketball.

To register for the Peewee Athletic Classes and Racquet Sports, go to [www.englewoodco.gov/register](http://www.englewoodco.gov/register) and click the Athletics tab. Contact Joyce at [jmusgrove@englewoodco.gov](mailto:jmusgrove@englewoodco.gov) or 303-762-2697 for more information about the Peewee Athletic Classes or Racquet Sports.



# ENRICHMENT & EDUCATION

**Recreation Supervisor:** Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2660

**Spanish III**  
¡Bienvenidos! Continue to sharpen your Spanish-speaking skills. This interactive class builds further on what you have learned. You will focus on more complex forms of conversation, using proper grammar, pronunciation, and a variety of new vocabulary. A background in Spanish is recommended.  
Location: MRC-Flatirons Instructor: Jean Kunkel  
3/4 – 5/13 M 8:30 – 10:30 AM \$68/\$56 21465611

**Español for Beginners**  
¡Que paso! In this introductory Spanish class you will learn phrases and vocabulary, practice pronunciation, and have simple conversations with your classmates. Printed learning materials are provided.  
Location: MRC-Eldorado Instructor: Rissa Dickey  
3/5 – 4/9 Tu 9:00 – 10:00 AM \$52/\$41 21465411  
4/16 – 5/21 Tu 9:00 – 10:00 AM \$52/\$41 21465412

**Spanish, the Next Level**  
This next-level class includes expanding your vocabulary with dialogue or conversation. We will review and work on the most commonly used verbs. As always, we will keep it fun, interactive, and simple. Printed learning materials are provided.  
Location: MRC-Eldorado Instructor: Rissa Dickey  
3/5 – 4/9 Tu 10:00 – 11:15 AM \$52/\$41 21465511  
4/16 – 5/21 Tu 10:00 – 11:15 AM \$52/\$41 21465512

**Continuing Bridge Lessons**  
Take your bridge playing to the next level. This class is designed for those who have been learning the game for a while and want a new challenge. Class includes instruction on play and defense, bidding skills, some lecture, and supervised playing.  
Location: MRC-Longs Peak Instructor: Jim Buck  
3/6 – 4/10 W 10:00 AM – NOON \$57/\$46 21465011  
4/17 – 5/22 W 10:00 AM – NOON \$57/\$46 21465012

**The Willmaker – Legal Seminar**  
In a single sitting, you'll be able to complete a simple will. You will also complete a living will, medical power of attorney, and financial power of attorney, all with the help of a licensed attorney. Fee includes all material, witnessing, notarizing, individual review, and time for questions. You will find that you know all the information you need to complete your will. Bring your ID and a snack. Material fee: \$100 payable to Rebecca Benneti at the workshop.  
Location: MRC  
5/2 Th 1:00 – 4:30 PM \$15/\$12 21460411

**Wills, Trusts & Power of Attorney**  
Planning for disability and death can give you peace of mind, reduce burdens for your loved ones, and help you leave a legacy instead of a mess. Learn about some of the tools available to you, including powers of attorney, advance medical directives, wills, and trusts. We'll also touch on the probate process and long-term care considerations.  
Location: MRC-Eldorado  
Instructor: Ryan Scott, Glatstein & O'Brein LLP  
4/10 W 10:00 – 11:30 AM \$7/\$5 21460611



**Raising Backyard Chickens**  
Chickens can make great yard pets! Learn the benefits of fresh eggs and great fertilizer for gardens. Class will cover the caring of chicks to adult birds in an urban area including breed selection, care, feeding, maintenance, predators, housing, and more. Included is a handout of local and online resources plus a visit with one of Marva's chickens.  
Location: MRC-Lookout Instructor: Marva Jolly, PE, MNT  
5/4 Sa 9:30 – 11:30 AM \$15/\$12 21450711

**The Probate Process**  
What do you do when someone passes away? Do you need to open probate? If you are the personal representative or executor of the estate, what will be expected of you? What should you know if you are a beneficiary? We'll answer these questions and talk about some of the tools available to you to avoid probate of your estate.  
Location: MRC-Eldorado  
Instructor: Ryan Scott, Glatstein & O'Brein LLP  
5/8 Th 10:00 – 11:30 AM \$7/\$5 21460711

**AARP Driving Safety Program**  
This driving course is specially designed for motorists age 50 and older. The course helps refine existing skills and develop safe, defensive driving techniques. Upon successfully completing the course, you may be eligible to receive a discount on your auto insurance premium. Material fee: \$15 AARP members/\$20 non-members payable to instructor, cash or check only. Call 303-762-2660.  
Location: MRC  
Choose ONE of the following:  
4/11 Th 12:30 – 4:30 PM  
5/9 Th 12:30 – 4:30 PM

# FREE PROGRAMS

## REGISTRATION IS REQUIRED

**Active Minds**  
Participate in this mind-stimulating program that delves into a current topic of interest in the world. Deepen your understanding and engage in thoughtful discussion of how the events have changed the world. You are guaranteed to leave with eye-opening insights and understanding! Active Minds is a Denver-based organization that provides instructor-led educational seminars for seniors. Monthly topics are announced at the beginning of each month and determined upon what is happening in the world. Please sign up at the Front Desk.  
Location: MRC Instructor: Active Minds Instructor  
3/22, 4/26, 5/24 F 10:00 – 11:00 AM FREE

**Medicare 101**  
Making a decision about healthcare can be difficult. Attend this presentation and learn all your plan options and review the A, B, C, and D's of Medicare. Allen will share important dates to remember and strategies on how to save money on prescriptions.  
Location: MRC-Longs Peak  
Instructor: Allen McGirl, McGirl Insurance  
3/14 Th 1:30 – 3:30 PM FREE 21460211  
4/18 Th 6:00 – 8:00 PM FREE 21460212  
5/9 Th 1:30 – 3:30 PM FREE 21460213

**Staying Independent**  
If you pride yourself on being independent and making your own life choices, you won't want to miss this 90-minute panel discussion about staying independent as you get older. Expert panelists will answer questions like these and more:  
• What happens if I can no longer manage on my own?  
• Who is available to help me with my financial and household affairs?  
• Are my kids or other family members the best choice as trustees or executors?  
• What are the most important documents to have in place now and as I age?  
Location: MRC Instructor: Kim Evans, Senior Real Estate Specialist  
3/13 W 10:00 – 11:30 AM FREE 21460311

**Who's Caring for the Caregiver?**  
Family caregivers are committed to caring for their loved ones but often forget to take time to restore their own well-being. Join us for a talk on the importance of self-wellness, quality time, and ways to ensure your loved one is taken care of while you take care of you.  
Location: MRC  
Instructors: Courtney Todd – Recreational Therapist, and Elizabeth Girling – Director of Assisted Living – Clermont Park  
3/28 Th 1:30 – 3:00 PM FREE 21460511

**Living to be 100**  
Living to be 80, 90, or even 100 and beyond is a new reality for which few have planned. Get answers to important questions concerning successful third and fourth age living and lifestyles. Find out what every person over 65 should know about living to be 100. Join us for this seminar focusing on important truths about living to 100 and beyond!  
• Staying put or moving on – where will I live as I get older?  
• Living for today and planning for tomorrow – how much is enough?  
• Health, fitness, and relationships – the importance of social connections.  
Location: MRC Instructor: Kim Evans, Senior Real Estate Specialist  
4/17 W 10:00 – 11:30 AM FREE 21460312

**Paying for Senior Living**  
Moving to an independent or assisted living community is often a desirable option for many older adults seeking a simpler or more manageable lifestyle. Sometimes a move may even be necessary to remain as autonomous and independent as possible. The question we are often asked is, "How much do these communities cost and can I afford to live there?" Join us for an in-depth discussion about the costs associated with independent and assisted living, as well as memory and long-term care. Our expert panelists will also share frequently misunderstood benefits such as the Veteran's Aid and Attendance and long-term care insurance.  
Location: MRC Instructor: Kim Evans, Senior Real Estate Specialist  
5/1 W 10:00 – 11:30 AM FREE 21460313





# ADULT ATHLETICS

Looking to join a team or need a few more players to complete your team?  
Contact Sara about the Free Agent List! [ssstant@englewoodco.gov](mailto:ssstant@englewoodco.gov).  
To register your team or find out more information, please visit [teamsideline.com/englewoodrec](https://teamsideline.com/englewoodrec).

### Adult Summer Softball Leagues

Ages 18+  
Thursday Men’s Rec, Thursday Men’s Comp. Deadline to register is May 3 or before leagues are full.

STARTS 5/16	Th	10 GAMES + TOURNAMENT	\$610/\$575
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### Men’s Adult Basketball Leagues

Ages 18+  
Sunday Men’s Rec, Sunday Men’s Comp, Monday Men’s Rec, Monday Men’s Comp. Deadline to register is March 29 or before leagues are full.  
Summer leagues are scheduled to start mid-July.

STARTS THE WEEK OF 4/7	Su & M	8 GAMES + TOURNAMENT	\$425
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### Adult Men’s Fast-Pitch Softball League

Ages 18+  
Tuesday Men’s Comp. League starts May 21. Deadline to register is May 10 or before leagues are full.

STARTS 5/21	Tu	8 GAMES + TOURNAMENT	\$660/\$625
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### Girls’ High School Volleyball League

Varsity teams play on Tuesday nights. JV and Freshman teams play on Thursday nights. All leagues are held at ERC. Deadline to register is May 24.

STARTS 6/4 & 6/6	Tu & Th	8 GAMES + TOURNAMENT	\$225
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RACQUET SPORTS									
Class	Activity #	Age Group	Dates	Days	Time	Location	Fee	Res Fee	Reg Deadline
Youth Beginner Tennis Lessons	22356010	6 – 15 yrs	5/7 – 5/30	Tu & Th	5:00 – 6:00 PM	Bellevue Park	\$35	\$28	5/3
	32356009	6 – 15 yrs	6/4 – 6/27	Tu & Th	5:00 – 6:00 PM	EHS*	\$35	\$28	5/31
Adult Tennis Lessons (Beginner)	22356011	16+	5/7 – 5/30	Tu & Th	6:00 – 7:00 PM	Bellevue Park	\$35	\$28	5/3
	32356013	16+	6/4 – 6/27	Tu & Th	6:00 – 7:00 PM	EHS*	\$35	\$28	5/31
Adult Tennis Lessons (Intermediate)	22356012	16+	5/7 – 5/30	Tu & Th	7:00 – 8:00 PM	Bellevue Park	\$35	\$28	5/3
	32356014	16+	6/4 – 6/27	Tu & Th	7:00 – 8:00 PM	EHS*	\$35	\$28	5/31

\*EHS = Englewood High School Tennis Courts – 3800 S. Logan St.  
To register for the Peewee Athletic Classes and Racquet Sports, go to [englewoodco.gov/register](https://englewoodco.gov/register) and click the Athletics tab.  
Contact Joyce at [jmusgrove@englewoodco.gov](mailto:jmusgrove@englewoodco.gov) or 303-762-2663 for more information about the Peewee Athletic Classes or Racquet Sports.

### Pickleball 101

Looking to learn how to play the fastest growing sport in America? Pickleball 101 is your opportunity to learn the ins and outs of pickleball. The class is free to all, but participants must register by the deadline.

PICKLEBALL CLASSES									
Class	Activity #	Age Group	Date	Day	Time	Location	Fee	Res Fee	Reg Deadline
Pickleball 101	22358015	50+	3/15	F	10:00 AM – NOON	CFHSC*	\$5	\$3	3/13
	22358016	50+	4/20	Sa	3:00 – 5:00 PM	CFHSC*	\$5	\$3	4/16
	22358017	50+	5/20	Sa	10:00 AM – NOON	CFHSC*	\$5	\$3	5/14

\*CFHSC = Colorado’s Finest High School of Choice, 300 W. Chenango Ave. Courts are located along Grand Ave.  
Contact Sara at [ssstant@englewoodco.gov](mailto:ssstant@englewoodco.gov) or 303-762-2694 for more information about pickleball.



# YOUTH ATHLETICS

**Field Rentals:** Contact Lindsay at 303-762-2697 or [Lpeterson@englewoodco.gov](mailto:Lpeterson@englewoodco.gov) for more information.  
**Youth Athletics:** Contact Joyce at 303-762-2663 or [jmusgrove@englewoodco.gov](mailto:jmusgrove@englewoodco.gov) for more information.



### PIRATE YOUTH SPORTS

Building community, tradition, and excellence! Our vision is to develop the community of Englewood and its youth through high-quality youth sports programs.  
**BASEBALL • BASKETBALL • CHEERLEADING • FOOTBALL • FLAG FOOTBALL**  
**LACROSSE • SOFTBALL • VOLLEYBALL • WRESTLING • NEW! SOCCER**  
Join our email list and register for all youth sports programs at [pirateyouthsports.com](https://pirateyouthsports.com)  
Contact us at [president@pirateyouthsports.com](mailto:president@pirateyouthsports.com) or 303-907-3667

### Peewee Athletics Classes

In these four-week-long sessions, you and your child will learn basic skills of the sport along with teamwork and sportsmanship. Parents can play an active role in the class. Wear comfortable clothes, closed-toed shoes, sunscreen and bring water. Be ready for a lot of fun!

PEEWEE ATHLETICS CLASSES									
Class	Activity #	Age Group	Dates	Day	Time	Location	Fee	Res Fee	Reg Deadline
Little Kickers Soccer	22331011	3 – 5 yrs	3/9 – 3/30	Sa	8:30 – 9:15 AM	Jason Park	\$55	\$45	3/6
	22331012	3 – 5 yrs	4/6 – 4/27	Sa	8:30 – 9:15 AM	Jason Park	\$55	\$45	4/3
Little Sluggers T-Ball	22331111	3 – 5 yrs	3/9 – 3/30	Sa	9:30 – 10:15 AM	Jason Park	\$55	\$45	3/6
	22331112	3 – 5 yrs	4/6 – 4/27	Sa	9:30 – 10:15 AM	Jason Park	\$55	\$45	4/3
Sport Sampler*	22331211	3 – 5 yrs	3/9 – 3/30	Sa	10:45 – 11:30 AM	Jason Park	\$55	\$45	3/6
	22331212	3 – 5 yrs	4/6 – 4/27	Sa	10:45 – 11:30 AM	Jason Park	\$55	\$45	4/3

\*Kids will learn a different sport each week including soccer, T-ball, flag football, and basketball.

To register for the Peewee Athletic Classes and Racquet Sports, go to [englewoodco.gov/register](https://englewoodco.gov/register) and click the Athletics tab.  
Contact Joyce at [jmusgrove@englewoodco.gov](mailto:jmusgrove@englewoodco.gov) or 303-762-2663 for more information about the Peewee Athletic Classes or Racquet Sports.



See page 30  
for Active  
Kids Classes!



# AQUATICS

Recreation Supervisor: Kathy Wallace • kwallace@englewoodco.gov • 303-762-2679  
Senior Recreation Supervisor: Brad Anderson • banderson@englewoodco.gov • 303-762-2659

### Hours

**M – Th:** 5:30 AM – 9:30 PM  
**F:** 5:30 AM – 7:45 PM  
**Sa/Su:** 8:00 AM – 4:30 PM

### Pool Safety Guidelines

Children under 8 years old must be directly supervised by an adult in the pool area. Adults must provide in-water supervision of children unable to pass the swim test.

**Supervise your children. No diving.  
No breath holding, please.**

### The Swim Test

Children under 8 years old must be able to swim 10 meters by themselves to go down the big slide or to be out of reach of an adult.

### Pool Features

- 8 lanes, 25 meters
- Body slide (must pass a swim test)
- 2–3 ft. shallow children’s area with easy access stairs
- Small slides
- Family changing rooms
- Dry sauna 180–200°
- ADA accessible
- Pool temp 86° year-round

### Rec Swim

Gather the troops and head on down for an afternoon of fun. Toss the ball, dive for rings, or take a ride down the slides. Rec Swim is not available Saturday mornings.

### Lap Swim

One to two lanes are available most days and times. Two swimmers, split the lane. Three or more, circle swim.



## POOL SCHEDULE

CLASS	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Masters			5:30 – 7:00 AM		5:30 – 7:00 AM		
Lap Swim (3 – 5 lanes)	8:00 AM – 1:00 PM	5:30 – 7:00 AM 10:00 AM – 1:00 PM	NOON – 1:00 PM	5:30 – 7:00 AM 10:00 AM – 1:00 PM	NOON – 1:00 PM	5:30 – 7:00 AM 11:00 AM – 1:00 PM	NOON – 1:00 PM
Modified Lap (2 – 3 lanes)	1:00 – 4:30 PM	7:00 – 10:00 AM 1:00 – 9:30 PM	5:30 – 8:00 AM 1:00 – 9:30 PM	7:00 – 10:00 AM 1:00 – 9:30 PM	5:30 – 8:00 AM 1:00 – 9:30 PM	7:00 – 11:00 AM 1:00 – 7:45 PM	8:30 AM – 4:30 PM
Rec Swim	1:00 – 4:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 7:30 – 9:30 PM	1:00 – 4:30 PM 6:30 – 7:45 PM	1:00 – 4:30 PM
Water Fitness		7:00 – 8:00 AM 9:00 – 10:00 AM	8:00 AM – NOON 5:30 – 6:30 PM	7:00 – 8:00 AM 9:00 – 10:00 AM	8:00 AM – NOON 5:30 – 6:30 PM	7:00 – 11:00 AM	
Swim Lessons		5:00 – 7:15 PM	9:00 – 11:00 AM 5:00 – 7:15 PM	1:00 – 3:00 PM 5:00 – 7:15 PM	9:00 – 11:00 AM 5:00 – 7:15 PM		8:30 AM – NOON
Swim Team	6:00 – 8:00 AM	4:00 – 8:00 PM	4:00 – 8:00 PM	4:00 – 8:00 PM	4:00 – 8:00 PM	4:00 – 7:45 PM	7:00 – 8:30 AM 4:45 – 5:45 PM
Water Walking	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE
Tot Area	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	OPEN – CLOSE	NOON – 4:30 PM

Very limited lap lanes during swim lessons. Slide available upon request M – F: 1:00 – 4:30 PM and 7:30 – 9:30 PM.

# WATER FITNESS

### Aqua HIIT

High intensity followed by active recovery = all gain with no pain.  
Location: ERC POOL  
Instructor: Sara Mize  
3/5 – 3/26 Tu 5:30 – 6:30 PM \$23/\$19/\$5 21250611  
4/2 – 4/23 Tu 5:30 – 6:30 PM \$23/\$19/\$5 21250621  
4/30 – 5/21 Tu 5:30 – 6:30 PM \$23/\$19/\$5 21250631

### Aqua Power

Add water to your everyday routine and see the difference.  
Location: ERC POOL  
Instructor: McKenzie Fellers  
3/7 – 3/28 Th 5:30 – 6:30 PM \$23/\$19/\$5 21250211  
4/4 – 4/25 Th 5:30 – 6:30 PM \$23/\$19/\$5 21250221  
5/2 – 5/23 Th 5:30 – 6:30 PM \$19/\$14/\$5 21250231

### Senior Water Fitness

Rediscover the fountain of youth, where splashing and smiling isn’t just for kids. Location: ERC POOL  
3/4 – 5/24 M/W/F 7:00 – 8:00 AM \$53/\$42/\$15 21260111 April Westbrook  
3/4 – 5/24 M/W/F 9:00 – 10:00 AM \$53/\$42/\$15 21260112 Lis Shepard  
3/4 – 5/24 Tu/Th/F 8:00 – 9:00 AM \$53/\$42/\$15 21260113 Lis Shepard  
3/4 – 5/24 Tu/Th/F 9:00 – 10:00 AM \$53/\$42/\$15 21260114 Judy Rosich

Fees: Non-resident / Resident / SilverSneakers®

### Splash Aqua

Splash offers fun, shallow-water movement to improve agility and flexibility while addressing cardiovascular, strength, and endurance conditioning.  
Location: ERC POOL Instructor: Judy Rosich  
3/5 – 5/24 Tu/Th/F 10:00 – 11:00 AM \$44/\$42/\$15 21260311

### Arthritis Aqua

Do you suffer from arthritis? One of the best ways to control pain, increase flexibility, and improve daily function is through aquatic exercise.  
Location: ERC POOL Instructor: Sara Mize  
3/5 – 5/24 Tu/Th 11:00 AM – NOON \$53/\$42/\$15 21260211  
F 10:00 – 11:00 AM

# PARTY WITH US!

All parties include a host, paper products, lemonade, and your choice of cake and ice cream or pizza.



### Pool Parties

Ages 3 yrs +  
Saturdays & Sundays  
12:30 PM or 2:30 PM  
• All parties begin in the party room for 1 hour with your host, and end with unlimited swimming until close.  
• Parties for children under 8 years old require 3 – 5 adults actively supervising in the water with swimsuits on.  
  
\$135: 1 – 15 guests • \$150: 16 – 20 guests

### Flip & Dip Parties

Ages 3 – 6 yrs  
Sundays at 10:00 AM  
• Kids will have a flipping good time that finishes with a splash! With this option, they’ll spend the first hour tumbling, spend one hour in the party room, and then head off to the pool for more fun.  
• This party requires 3 adults actively supervising in the water with swimsuits on.  
  
\$185: 1 – 10 guests

Reservations require a \$75 deposit or full payment if within 10 days. Register online at [www.englewoodrec.org](http://www.englewoodrec.org) or contact Kathy Wallace to make your reservation at 303-762-2697 or kwallace@englewoodco.gov.



# SWIMMING LESSONS

All swimming lessons on this page take place at the Englewood Recreation Center • 1155 W. Oxford Ave.

## Infant and Toddler

### Babes & Tots (6 mos – 3 yrs)

Introduction to the water with a focus on safety and primary water skills including submersion, bubbles, and water play in a fun, family environment.

### Jellyfish (2½ – 3½ yrs)

The next step for a toddler ready to explore the pool on their own, with an instructor. These little ones must be adventurous and ready to take instruction. These are graduates of the infant program and go under water willingly.

## Preschool

### Seahorse (3 – 5 yrs)

These little ones may be cautious, but are ready to start the basics. A gentle approach using songs and games is used to help them gain confidence and trust.

### Seal (3 – 5 yrs)

These little ones are happiest going under water and are just starting to float on their own.

### Otter (4 – 5 yrs)

These little ones can float for 10 seconds, roll over, and kick 10 meters to safety.

### Sea Lion (4 – 5 yrs)

These are our most experienced little swimmers, working on freestyle and backstroke drills, with the goal of being able to swim 15 meters with ease.

## School Age

### Stingray (6 – 14 yrs)

Swimmers with limited experience or basic skills should start here. Cautious and adventurous alike will find success in this class. Floating, kicking, and breathing will be mastered here.

### Dolphin (6 – 14 yrs)

Swimmers will be conditioned to float, kick, and breathe for longer distances while core swimming skills are introduced and mastered. Swimmers will master freestyle and backstroke drills for 15–25 meters.

### Swordfish (6 – 14 yrs)

Swimmers at this level are well conditioned and beginning to swim up to 25 meters of freestyle, backstroke, and elementary backstroke with ease. Dolphin kick and treading water will be introduced.

### Barracuda (6 – 14 yrs)

Swimmers are working toward 50 meters of freestyle and backstroke with efficiency and ease. Butterfly and breaststroke drills are introduced and refined. Open turns, treading water for time, and advanced safety skills are included.

### Shark (6 – 14 yrs)

Swimmers completing this class will have all the skills necessary to swim for fitness, join a swim team, or take lifeguard training.

## Home School Lessons

Join the fun in our home school lessons. Open swim is included for the swimmers and parents as part of our afternoon experience. Parents who actively supervise their non-swimmers under 8 years old add to our layers of protection. Please email [kwallace@englewoodco.gov](mailto:kwallace@englewoodco.gov) for placement and exact class times.

Home School Swimming					Wednesdays
Class	Fee	Time	3/6 – 3/27	4/3 – 4/24	5/1 – 5/22
3 – 7 yrs	\$30	1:00 – 3:30 PM	21230811	21230821	21230831
8 – 13 yrs	\$25	1:00 – 3:30 PM	21230812	21230822	21230832

## Private Swim Lessons

If you need more flexibility or an individualized approach to your unique needs, sign up for private swim lessons. Please allow up to 2 weeks for placement with an available instructor. Call 303-762-2680 or [kwallace@englewoodco.gov](mailto:kwallace@englewoodco.gov) to schedule your lesson.

	Private Swim 1 Student	Semi-Private Swim 2 Students
	30 Min	30 Min
1 lesson	\$27	\$35
4 lessons	\$92	\$112

## NEW SUP Yoga in the Pool – Try it Free

15 yrs+

Jump on a paddleboard and experience yoga a whole new way. Strengthen your core and more through poses and flow modified for SUP Yoga. All levels are welcome. All equipment is provided. Students should be comfortable in the water should you get wet.

Location: ERC Pool

2/3	Su	10:00 – 11:00 AM	FREE	21250411
3/3 – 3/17	Su	10:00 – 11:00 AM	\$50/\$62	21250421
3/31 – 4/14	Su	10:00 – 11:00 AM	\$50/\$62	21250431

## Masters Swim Team

15 yrs +

Coach-led workouts to fit the goals of novice swimmers or long-time devotees to the 5 AM workout. Must love flip flops and early mornings. Instructor: David Lee, ASCA Certified

Tu/Th 5:30 – 7:00 AM • Daily: \$10/\$8 • 20 punches: \$150/\$120

## Infant Swimming Resource

Children from 6 months to 6 years of age learn how to use Infant Swimming Resource's Self-Rescue® skills to save themselves. Mary Davison, RN, 303-988-1422, [m.davison@infantswim.com](mailto:m.davison@infantswim.com), [mdavison.infantswim.com/instructor/](http://mdavison.infantswim.com/instructor/)

## WEEKDAY SWIM LESSONS

4 weeks (8 lessons)

Fee: \$45/\$36      Session:		M/W			Tu/Th		
		1	2	3	1	2	3
Class	Time	3/4 – 3/27	4/1 – 4/24	4/29 – 5/22	3/5 – 3/28	4/2 – 4/25	4/30 – 5/23
Babes & Tots	9:05 – 9:35 AM				21210111	21210112	21210113
Jellyfish	9:40 – 10:05 AM				21210211	21210212	21210213
	5:00 – 5:25 PM	21210221	21210222	21210223	21210241	21210242	21210243
Seahorse	10:10 – 10:40 AM				21220111	21220112	21220113
	5:00 – 5:25 PM	21220121	21220122	21220123	21220141	21220142	21220143
Seal/Otter	10:45 – 11:15 AM				21220211	21220212	21220213
Seal	5:30 – 6:00 PM	21220221	21220222	21220223	21220241	21220242	21220243
Otter	5:30 – 6:00 PM				21220341	21220342	21220343
	6:05 – 6:35 PM	21220321	21220322	21220323			
Sea Lion	6:05 – 6:35 PM	21220421	21220422	21220423			
Stingray	5:30 – 6:00 PM	21230111	21230112	21230113			
	6:05 – 6:35 PM				21230121	21230122	21230123
Dolphin	6:05 – 6:35 PM				21230221	21230222	21230223
	6:40 – 7:10 PM	21230211	21230212	21230213			
Swordfish	6:40 – 7:10 PM	21230311	21230312	21230313	21230321	21230322	21230323
Barracuda/Shark	6:40 – 7:10 PM				21230421	21230422	21230423

## SATURDAY MORNING SWIM LESSONS

4 weeks (4 lessons)

Fee: \$24/\$20      Session:		1	2	3
Class	Time	3/9 – 3/30	4/6 – 4/27	5/4 – 5/25
Babes & Tots	10:00 – 10:30 AM	21210131	21210133	21210135
	10:35 – 11:05 AM	21210132	21210134	21210136
Jellyfish	9:30 – 9:55 AM	21210231	21210232	21210233
Seahorse	10:00 – 10:30 AM	21220131	21220133	21220135
	10:35 – 11:05 AM	21220132	21220134	21220136
Seal	10:00 – 10:30 AM	21220231	21220233	21220235
	10:35 – 11:05 AM	21220232	21220234	21220236
Otter	8:50 – 9:20 AM	21220331	21220332	21220333
Sea Lion	11:10 – 11:50 AM	21220431	21220432	21220433
Stingray	9:15 – 9:55 AM	21230131	21230133	21230135
	11:10 – 11:50 AM	21230132	21230134	21230136
Dolphin	9:15 – 9:55 AM	21230231	21230233	21230235
	11:10 – 11:50 AM	21230232	21230234	21230236
Swordfish	8:30 – 9:10 AM	21230331	21230332	21230333
Barracuda/Shark	8:30 – 9:10 AM	21230431	21230432	21230433





# PIRATES COVE

1225 W. Belleview Ave. • 303-762-COVE (2683) • [piratescovecolorado.com](http://piratescovecolorado.com)  
Senior Recreation Supervisor: Brad Anderson • [banderson@englewoodco.gov](mailto:banderson@englewoodco.gov) • 303-762-2659

### Operating Hours

10:00 AM – 6:00 PM	Daily 5/25 – 8/9
10:00 AM – 6:00 PM	Weekends only beginning 8/10
10:00 AM – 6:00 PM	Labor Day, 9/2

**AVAST MATEY!** Purchase your season or family pass before May 1 and save 10%. Season and family pass holders are also eligible for a 10% discount on classes at Pirates Cove or either of our birthday party packages. Passes will be available to purchase at the Englewood Recreation Center, 1155 W. Oxford Ave.

### 2019 Admission Rates

	Child/Sr (2 – 17 / 55+ yrs)		Adult (18 – 54 yrs)	
	Non-Res	Res	Non-Res	Res
Daily	\$13	\$8	\$14	\$9
Weekends/ Holidays	\$15	\$9	\$16	\$10

SEASON PASS	Fee	Res Fee
Child/Senior	\$99	\$68
Adult	\$110	\$76
FAMILY PASS	Fee	Res Fee
3 or more in same household	\$282	\$185

Resident ID Cards must be presented to receive discounts. Some restrictions apply on family passes.

### Parties at Pirates Cove

It's not too early to book your birthday or sports party at Pirates Cove. We have two packages to choose from: the Captain Cook party for 1–15 guests for \$324, or our Billy Bones package for 16–25 guests for \$394. Parties include admission, cake, ice cream, soda, paper goods, pirate goodie bag, and a party patio for 2 hours. Book your party online by visiting our website [piratescovecolorado.com](http://piratescovecolorado.com).

### Teen Buccaneers

Enjoy Pirates Cove this summer by becoming a Jr. Lifeguard. Jr. Lifeguards assist patrons and lifeguards throughout the facility. This volunteer program is designed for youth 13–14 years old who aspire to become a lifeguard when they reach the age of 15. For more information contact Brittany at 303-783-6974.

### Online Tickets

Purchase your tickets at [piratescovecolorado.com](http://piratescovecolorado.com). Print out the tickets to avoid the pay line at the park.

### Cove Cabana Rentals

You can rent your very own cabana for up to 8 people and not have to worry about finding shade or having a place to sit. Cabanas are complete with 2 lounge chairs, 4 chairs, and a small table. Price does not include admission into the park. Visit our website for more information or to book your cabana.

### May Is Swim Safety Month

May has been designated Swim Safety Month! Look for safety tips at the Recreation Center and at Pirates Cove during May and the entire summer. Swim staff will be happy to discuss the various tips on staying safe around the water at any time.

### UPCOMING SUMMER EVENTS

Mark the following dates on your calendar this summer for a Pirate good time!

**Open House: 5/29** Come see what Pirates Cove has to offer at no cost. We will also have area businesses on site. The facility will be open from 6:30 – 8:30 PM. Bring an appetite – the concession stand will be open.

**World's Largest Swim Lesson: Thursday 6/20** Drowning remains the 2nd leading cause of unintended injury-related death of children 1 to 14. Pirates Cove is proud to be one of hundreds of facilities around the globe promoting Learn to Swim. Come to Pirates Cove on 6/20 for a free half-hour swim lesson. After the lesson, feel free to stay and work on the skills you learned and play for free.

**Christmas in July: 7/25** Come celebrate Christmas, Pirates style, on the 25th. Pirates Cove will be decked out in Christmas style on this day, and yes, you can expect a special visit from Santa.

**Adult Night: 6/19, 7/17, and 8/7** Adult night is back this year with three nights. These nights are reserved for those 18 years and older. It's the opportunity for you to enjoy Pirates Cove without children from 6:30–8:30 PM. The concession stand will be open, so bring your appetite. Cost is only \$6.

**Food Drive: 7/7 – 7/13** Bring a nonperishable food item with you and receive a free 22 oz. soda. Items will be donated to Well-fed Inc.



# SUMMER CAMPS

Recreation Supervisor: Sara Stant • [ssant@englewoodco.gov](mailto:ssant@englewoodco.gov) • 303-762-2694  
Visit our website and look for the informational flyer out in February!

### General Information

- KidConnections Day Camp sessions are held May 28 – August 2, 2019, M–F, 7:00 AM – 6:00 PM. Camp is closed July 4.
- KidConnections Day Camps are fully licensed day cares by the State of Colorado, Department of Human Services for children 5 years old (**and have completed kindergarten**) through 14 years old.
- Camp is held at Colorado's Finest High School of Choice, 300 W. Chenango Ave.
- Participants must bring their own lunch, snacks, and water bottle every day.
- Priority Registration Date for returning 2018 participants: March 18, 2019
- New Family Registration: April 1, 2019
- Camper T-shirts included in registration

### Benefits of KidConnections Camp

- A FUN, SAFE environment for your child
- Opportunities for growth – both socially and emotionally
- Create connections with new friends and a loving and caring staff
- Knock out summer boredom
- Social interaction
- A healthy, active summer
- New experiences

### What Makes Us Unique

- A well-trained, experienced staff who are caring, fun, energetic, and organized
- A safe and welcoming environment
- Swimming at least once per week (either at Pirates Cove or ERC pool)
- At least one “big” field trip per week included in tuition
- Local field trips (price included in daily fee) to parks, hiking, and Bellevue Farm and Train
- Weekly themes and projects
- Arts and crafts projects
- Games and sports



### Registration and Fees

**NEW!** Online Registration!!

Registration must be completed online at [www.englewoodrec.org/summercamp](http://www.englewoodrec.org/summercamp).

**MARCH 18:** Priority registration will begin for families who participated in our 2018 Summer Camp Program.

**APRIL 1:** New family registration will begin.

	CAMP 5 – 9 yrs			
	Non-Resident		Resident	
	Weekly	Tu/W/Th	Weekly	Tu/W/Th
1st Child	\$210	\$165	\$170	\$135
2nd Child	\$185	\$145	\$150	\$120

	CAMP 10 – 14 yrs			
	Non-Resident		Resident	
	Weekly	Fri Only	Weekly	Fri Only
1st Child	\$210	\$55	\$170	\$45
2nd Child	\$185	\$50	\$150	\$40

To ensure resident rate, Englewood residents must have a resident ID card (\$3, purchased at the ERC). All registration information and payments will be collected online prior to start date.

**Annual Registration Fee:** \$10 per child due at registration (includes camp T-shirt)

The program does not have an hourly rate and unscheduled drop-in care is not permitted. Reservations for additional days need to be made 48 hours in advance to ensure proper staffing. Drop-ins must be approved prior to day of attendance. No credits or refunds will be given for missed days of camp.

This program is on a first-come, first-served basis and enrollment is subject to availability.



# OUTDOOR / HIKING

**Recreation Supervisor:** Cheryl Adamson • [cadamson@englewoodco.gov](mailto:cadamson@englewoodco.gov) • 303-762-2662

## Mountain Hiking Adventures – All Levels

Enjoy Colorado as she blooms into spring with one of our many levels of hiking adventures, which includes Easy Hikes (see below). For any hike, come prepared with a daypack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing, and money for an ice cream stop. Please pick hikes appropriate to your ability and fitness level. Hikes depart from the Malley Recreation Center, 3380 S. Lincoln St. Locations are subject to change depending on weather or trail conditions.

**Fee: \$21, Resident: \$17**

Number	Date	Day	Time	Location	Length	Elev. Start	Elev. Gain	Difficulty	Near
22162011	5/1	W	8:00 AM – 5:00 PM	Paint Mines	2 – 4 mi	5,350'	450'	E-M	Calahan
22162012	5/7	Tu	8:00 AM – 5:00 PM	Rattlesnake Gulch	4 – 5 mi	6,040'	1,000'	Mod	Eldorado Springs
22162013	5/15	W	8:00 AM – 5:00 PM	Maxwell Falls	3.8 mi	7,780'	480'	Mod	Evergreen
22162014	5/21	Tu	7:00 AM – 5:00 PM	Bridal Veil Falls*	6.2 mi	7,820'	980'	Mod	RMNP, Estes Park
22162015	5/29	W	7:00 AM – 5:00 PM	Ralph Price Res.	5.5 mi	5,940'	800'	E-M	Lyons

## Easy Hikes

If you love to walk in the mountains, check out these easy hikes! The easy hikers will go with the other hikers, but will walk easier trails of 1–3 miles with little or no elevation gain. However, be aware of the starting elevations. Remember, you are the one determining how long of a hike you can walk. Come prepared with a daypack, hiking boots, sack lunch, water (more if it's hot), rain gear, hat, sun lotion, insect repellent, whistle, walking stick, warm clothing, and money for an ice cream stop. Feel welcome to bring a good book or sitting activity that you can do while enjoying the outdoors.

**Fee: \$21, Resident: \$17**

Number	Date	Day	Time	Location	Elevation	Near
22163011	5/1	W	8:00 AM – 5:00 PM	Paint Mines	5,350'	Calahan
22163012	5/7	Tu	8:00 AM – 5:00 PM	Fowler Trail	6,040'	Eldorado Springs
22163013	5/29	W	7:00 AM – 5:00 PM	Ralph Price Reservoir	5,940'	Lyons

\*Bring your Golden Age Pass or \$10 park entrance fee.



Bridal Veil Falls

The City of Englewood Parks, Recreation, and Library is an equal opportunity employer and provider authorized by Special Unit Permit to operate on the National Forest. In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age, or disability. (Not all prohibited bases apply to all programs.) To file a complaint of discrimination: write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Ave., SW, Washington, D.C. 20250-9410 or call 202-720-5964 (voice and TDD). USDA is an equal opportunity provider and employer.



# ADULT FITNESS

**Recreation Supervisor:** Joyce Musgrove • [jmusgrove@englewoodco.gov](mailto:jmusgrove@englewoodco.gov) • 303-762-2663

## Drop-in Rates

**Daily Group Fitness / Yoga Pass**                      **\$10/\$8**  
Drop-in not available for Pilates Reformer, Tai Chi for Balance, or Group Personal Training Classes. See page 30 for drop-in childcare.

## ERC Fitness Orientation

Age: 13+  
Ready to get started on our new equipment? Learn to correctly operate the Technogym weight machines and cardiovascular equipment in a group setting. Please register at least two days in advance to assure your place in class. This orientation is a prerequisite for all 13 and 14-year-olds wishing to utilize the weight and cardiovascular areas within the Recreation Center.

Location: ERC-WGT

3/9	Sa	9:00 – 10:15 AM	FREE	22253511
4/9	Tu	5:30 – 7:45 PM	FREE	22253512
5/8	W	6:00 – 7:15 PM	FREE	22253513

## Personal Training

**Get inspired, boost your confidence, and accomplish your goals!**

The benefits of working with a personal trainer include:

- Individualized fitness program specifically designed for you
- Efficient workout program with innovative ways to improve your health
- Professional assistance in improving strength, flexibility, endurance, posture, balance, coordination, and cardiovascular health
- Instruction on correct form and technique for cardiovascular exercise and strength training
- Progressive assistance as you progress

To schedule an appointment, please call our Personal Training line at 303-762-2678. Each session is 60 minutes.

	Sessions	Fee	Res Fee
Private 60-minute sessions	3	\$154	\$123
	6	\$278	\$222
	10	\$425	\$340
Private 30-minute sessions	3	\$109	\$87
	6	\$210	\$168
	10	\$325	\$260

Small group sessions of 2–3 people are available. Please call the Personal Training Line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.*

## Nutrition Counseling

The registered dietitians on our referral list offer individualized nutritional counseling for all ages. They can assist with weight management, chronic disease prevention, vegetarian and sports nutrition, medical nutrition therapy, women's health issues, and pediatric nutrition. Call 303-762-2678 for our Registered Dietitian Referral list.

## THE ZONE AT ERC CLASS SCHEDULE

DAY	TIME	CLASS
M	6:00 PM	Ultimate Fitness
Tu	10:00 AM	FUNCTIONAL FITNESS
W	6:00 PM	Burn and Build
Th	10:00 AM	Balance, Core & More
F	7:30 AM	Sports Explosion
Sa	9:00 AM	Ultimate Fitness



Classes now in session!  
Only \$10 per class!

Join Tetro Performance and their certified coaches for a variety of challenging and motivational classes. Be sure to check the front desk or visit [TetroPerformance.com/blog](http://TetroPerformance.com/blog) for class times and descriptions.

Service Provider for **The Zone** at the Englewood Recreation Center

# TETRO

## PERFORMANCE

BE DEFINED BY YOUR EFFORT

Only \$10 per class

GROUP TRAINING CLASSES - BEGINNER/INTERMEDIATE/ADVANCED LEVELS  
MEDICINE BALL - BATTLE ROPES - KETTLEBELL/TRX - FUNCTIONAL TRAINING  
STRETCHING/FLEXIBILITY

**Additional services:**  
Personal Training, Online Training, Corporate Wellness, Concierge Service, Nutrition Counseling, Wellness Coaching, Active Older Adults (55+), Athletic Coaching

For class schedule and additional information go to [www.tetroperformance.com/blog](http://www.tetroperformance.com/blog)

TRX Boot Camp

Age: 13 yrs+  
Fire up your metabolism, burn calories, and get stronger and leaner faster. TRX Suspension Trainers will be incorporated into the workout. Previous experience is not necessary.  
Instructor: Libby Butler

Zumba®

Age: 13 yrs+  
Join the party! Zumba is a Latin-inspired dance-fitness class that combines energizing music and easy-to-follow moves for a fun, effective cardiovascular workout. This class is a blend of fast and slow rhythms and resistance training that tone and sculpt the body.  
Instructor: Lisa Pope

Barre Sculpt

Age: 13 yrs+  
A workout that’s gentle on the joints but gives powerful results. Use the ballet barre, light weights, isometric exercises, and your body’s balance, to firm, lengthen, lift, and sculpt graceful arms, thighs, abs, and glutes.  
Instructor: Stacy Lochowicz

POP Pilates

Age: 13 yrs+  
A total body workout that sculpts a rock-solid core and a lean body. Develop strength and flexibility through resistance work using your own body weight and a yoga mat. Class is for all levels.  
Instructor: Lisa Pope

Indoor Cycling

Age: 13 yrs+  
Optimum fat burning awaits you on this journey! This class will simulate varied terrain and drills to give you a great interval workout. Class participants assist with equipment setup and breakdown. Bike pedals compatible with athletic shoes, SPD, and Look cleats.  
Instructors: Faith Gregorchik (Tu), Erica Krier (W), and Libby Butler (Th)

Zumba® Toning

Age: 13 yrs+  
Come to the party and have fun dancing with an extra emphasis on toning and sculpting to define those muscles! Adding light weights helps to focus on specific muscle groups, such as arms, core, and lower body.  
Instructor: Maureen Plotnicki

Essentrics®

Age: 13 yrs+  
A dynamic workout to stretch, strengthen, and rebalance the full muscular structure, leaving you more flexible and agile. Great for athletes seeking an increase in range of motion and an increase in speed and agility. Prepares muscles and tendons to withstand maximum demands.  
Instructor: Paulette Fara-Schembri

Fit Body Express

Age: 13 yrs+  
A high-intensity endurance-based workout. Shed fat, define muscle, transform the look of your entire physique, and dramatically enhance your overall health and athletic performance. If you are looking for results and are willing to put in the effort, this class is for you!  
Instructor: Libby Butler

Retro Step

Age: 13 yrs+  
Step up and back into the '90s. Bring step back into your life with fun moves and great music. Strengthen, tone, and improve coordination.  
Instructor: Libby Butler

Fitness Fusion

Age: 13 yrs+  
You will never get bored with this eclectic blend of exercises. TRX Suspension and Rip Trainers will be used along with BOSUs, glides, dumbbells, and body-weight training. You will get the ideal mix of strength, endurance, balance, coordination, flexibility, power, and core stability.  
Instructor: Libby Butler

NEW Walk & Stretch for Power

Age: 13 yrs+  
Intentional and powerful walking is a great way to burn calories while keeping mobile. This includes stretching and proper walking technique for fitness and, if interested, competition. Set your goal and challenge yourself in this unique community experience.  
Instructor: Liz Shepard, B.Sc., Certified Exercise Physiologist & International Masters USATF Race Walker  
Location: ERC-A.A. #2  
3/4 – 3/25 M 5:30 – 6:30 PM \$22/\$17 22251211  
4/1 – 4/29 M 5:30 – 6:30 PM \$26/\$21 22251212  
5/6 – 5/20 M 5:30 – 6:30 PM \$16/\$13 22251213  
3/4 – 5/20 M 5:30 – 6:30 PM \$64/\$51 22251214

Daily Fitness / Yoga Pass

\$10/\$8

See our new Premier Annual Pass for group fitness class discounts. Drop-in not available for Pilates Reformer, Tai Chi for Better Balance, or Group Personal Training classes.

ERC Drop-In Child Care

Conveniently located on site at the Englewood Recreation Center, the drop-in child care is a fun environment for children 6 months to 8 years to enjoy while parents/guardians utilize the Recreation Center.

Hours:

M – Th: 4:00 – 8:00 PM  
Sa: 8:00 AM – 1:00 PM

Fees:

\$6 for up to 2 hours of care. Discounted rate of \$5 for up to 2 hours for residents. Premier pass holders: Included.

NEW STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

ADULT FITNESS CLASS LIST							
Class	Activity #	Dates	Day	Times	Location	Fee	Res Fee
★ TRX Boot Camp	22250411	3/4 – 3/25	M	5:25 – 6:25 PM	ERC-FIT	\$22	\$17
	22250412	4/1 – 4/29	M	5:25 – 6:25 PM	ERC-FIT	\$26	\$21
	22250413	5/6 – 5/20	M	5:25 – 6:25 PM	ERC-FIT	\$22	\$17
3 MONTHS OF CLASSES	22250414	3/4 – 5/20	M	5:25 – 6:25 PM	ERC-FIT	\$70	\$55
★ Zumba®	22250911	3/4 – 3/25	M	6:35 – 7:35 PM	ERC-FIT	\$22	\$17
	22250912	4/1 – 4/29	M	6:35 – 7:35 PM	ERC-FIT	\$26	\$21
	22250913	5/6 – 5/20	M	6:35 – 7:35 PM	ERC-FIT	\$16	\$13
3 MONTHS OF CLASSES	22250914	3/4 – 5/20	M	6:35 – 7:35 PM	ERC-FIT	\$64	\$51
NEW ★ POP Pilates	22251111	3/5 – 3/26	Tu	5:30 – 6:30 PM	ERC-FIT	\$22	\$17
	22251112	4/2 – 4/30	Tu	5:30 – 6:30 PM	ERC-FIT	\$26	\$21
	22251113	5/7 – 5/28	Tu	5:30 – 6:30 PM	ERC-FIT	\$22	\$17
3 MONTHS OF CLASSES	22251114	3/5 – 5/28	Tu	5:30 – 6:30 PM	ERC-FIT	\$70	\$55
★ Barre Sculpt	22251011	3/5 – 3/26	Tu	5:30 – 6:30 PM	ERC-AA1	\$22	\$17
	22251012	4/2 – 4/30	Tu	5:30 – 6:30 PM	ERC-AA1	\$26	\$21
	22251013	5/7 – 5/28	Tu	5:30 – 6:30 PM	ERC-AA1	\$22	\$17
3 MONTHS OF CLASSES	22251014	3/5 – 5/28	Tu	5:30 – 6:30 PM	ERC-AA1	\$70	\$55
★ Indoor Cycling	22250311	3/5 – 3/26	Tu	6:35 – 7:35 PM	ERC-FIT	\$22	\$17
	22250312	4/2 – 4/30	Tu	6:35 – 7:35 PM	ERC-FIT	\$26	\$21
	22250313	5/7 – 5/28	Tu	6:35 – 7:35 PM	ERC-FIT	\$22	\$17
★ Indoor Cycling	22250321	3/6 – 3/27	W	5:30 – 6:30 PM	ERC-FIT	\$22	\$17
	22250322	4/3 – 4/24	W	5:30 – 6:30 PM	ERC-FIT	\$22	\$17
	22250323	5/1 – 5/30	W	5:30 – 6:30 PM	ERC-FIT	\$26	\$21
★ Zumba® Toning	22251611	3/6 – 3/27	W	5:30 – 6:30 PM	ERC-AA2	\$22	\$17
	22251612	4/3 – 4/24	W	5:30 – 6:30 PM	ERC-AA2	\$22	\$17
	22251613	5/1 – 5/29	W	5:30 – 6:30 PM	ERC-AA2	\$26	\$21
3 MONTHS OF CLASSES	22251614	3/6 – 5/29	W	5:30 – 6:30 PM	ERC-AA2	\$70	\$55
★ Essentrics®	22251411	3/6 – 3/27	W	6:35 – 7:35 PM	ERC-FIT	\$27	\$22
	22251412	4/3 – 4/24	W	6:35 – 7:35 PM	ERC-FIT	\$27	\$22
	22251413	5/1 – 5/29	W	6:35 – 7:35 PM	ERC-FIT	\$34	\$27
3 MONTHS OF CLASSES	22251414	3/6 – 5/29	W	6:35 – 7:35 PM	ERC-FIT	\$88	\$71
★ Fit Body Express	22250811	3/7 – 3/28	Th	5:45 – 6:30 PM	ERC-FIT	\$22	\$17
	22250812	4/4 – 4/25	Th	5:45 – 6:30 PM	ERC-FIT	\$22	\$17
	22250813	5/2 – 5/20	Th	5:45 – 6:30 PM	ERC-FIT	\$26	\$21
3 MONTHS OF CLASSES	22250814	3/7 – 5/20	Th	5:45 – 6:30 PM	ERC-FIT	\$70	\$55
★ Indoor Cycling	22250331	3/7 – 3/28	Th	6:35 – 7:35 PM	ERC-FIT	\$22	\$17
	22250332	4/4 – 4/25	Th	6:35 – 7:35 PM	ERC-FIT	\$22	\$17
	22250333	5/2 – 5/30	Th	6:35 – 7:35 PM	ERC-FIT	\$26	\$21
★ NEW Retro Step	22251911	3/2 – 3/30	Sa	8:05 – 9:05 AM	ERC-FIT	\$26	\$21
	22251912	4/6 – 4/27	Sa	8:05 – 9:05 AM	ERC-FIT	\$22	\$17
	22251913	5/4 – 5/25	Sa	8:05 – 9:05 AM	ERC-FIT	\$22	\$17
3 MONTHS OF CLASSES	22251914	3/2 – 5/25	Sa	8:05 – 9:05 AM	ERC-FIT	\$70	\$55
★ Fitness Fusion	22250611	3/2 – 3/30	Sa	9:10 – 10:10 AM	ERC-FIT	\$26	\$21
	22250612	4/6 – 4/27	Sa	9:10 – 10:10 AM	ERC-FIT	\$22	\$17
	22250613	5/4 – 5/25	Sa	9:10 – 10:10 AM	ERC-FIT	\$22	\$17
3 MONTHS OF CLASSES	22250614	3/2 – 5/25	Sa	9:10 – 10:10 AM	ERC-FIT	\$70	\$55



# ACTIVE ADULT FITNESS

**Recreation Supervisors:** ERC – Joyce Musgrove • [jmusgrove@englewoodco.gov](mailto:jmusgrove@englewoodco.gov) • 303-762-2663  
Malley – Shelly Fritz-Pelle • [sfritz@englewoodco.gov](mailto:sfritz@englewoodco.gov) • 303-762-2661

All of the classes on this page are designed for ages 55 and older; ages 18–54 may fill remaining space available.

### Fitness Club

Improve your level of fitness with low-impact aerobics and flexibility training followed by strengthening exercises. SilverSneakers® welcome. Instructor: Kristy Lone

### SilverSneakers® Classic

Move to the music through a variety of exercises designed to increase muscular strength and range of movement. Handheld weights, elastic tubing with handles, and a ball will be used. A chair is used for support. Class is open to all.

Instructors: Kristy Lone (M/W Malley) and Catherine Glenn (Tu/Th ERC)

### Forever Fit

Charge your heart and engage your body with strengthening, cardio, and stretching moves. Use hand weights, bands, small balls, and a chair for support. SilverSneakers® welcome.

Instructors: Rena Soller (Tu) and Barbara Meadows (Th)

### Total Body Fitness

Stay fit, agile, and active while increasing muscle strength, cardiovascular function, coordination, balance, and range of motion in both the upper and lower body. SilverSneakers® welcome.

Instructor: Doug Smith

### NEW Step Smartly

Age: 40 yrs+

Focus on walking basics through motion and body awareness. Students learn to improve their gait, posture, and balance in a safe and fun community atmosphere.

Instructor: Liz Shepard, B.Sc., Certified Exercise Physiologist, Certified Exercise Therapy Specialist, and Senior Wellness Specialist

### NEW Walk & Stretch for Power

Age: 40 yrs+

Intentional and powerful walking is a great way to burn calories while keeping mobile. This includes stretching and proper walking technique for fitness and, if interested, competition. Set your goal and challenge yourself in this unique community experience.

Instructor: Liz Shepard, B.Sc., Certified Exercise Physiologist & International Masters USATF Race Walker

### Mobile & Agile

Improve your overall level of fitness while having fun. Focus on improving your mobility, agility, and coordination with strengthening, balancing, and toning exercises. This class uses bands, balls, and a chair if needed. SilverSneakers® welcome.

Instructor: Kristy Lone

### NEW GZ Sobol Parkinson's Network Foundations

This 75-minute class incorporates exercises targeting deficits specific to people with Parkinson's disease, multiple sclerosis, stroke recovery, or movement disorders by emphasizing strength, balance, and flexibility movement that targets dexterity, rigidity, akinesia, bradykinesia, postural stability, cognition, and gait. Class includes a head-to-toe 20-minute seated warmup, followed by unique standing exercises and routines. Participants are encouraged to rest when necessary, and do as much of the activities as possible. Participants who use a walker or wheelchair are required to have a caregiver or driver with them during the class. SilverSneakers® welcome.

Instructor: Claire Martin

### Beginning Weight Training

A personal trainer will introduce you to the basics of weight training and teach you how to utilize both the circuit and free-weight equipment safely and effectively. Receive one-on-one attention in a group setting.

Instructor: Marty Grims

### Continuing Weight Training

This self-guided class allows you to work out in the weight room with access to a personal trainer who can assist with advancing your fitness regime. You will have the flexibility to work out any time from 8:15–10:30 AM, M–Th. Three months of Beginning Weight Training or fitness staff approval required. SilverSneakers® members use the SilverSneakers® number listed to register and swipe your card each time you come in. All others, please use the regular class number to register.

Instructor: Marty Grims

### Malley Fitness Orientation

If you are new to the Malley Fitness Center, we suggest attending an orientation to learn about our new Technogym weight equipment. Learn weight room safety, etiquette, and receive an introduction to equipment adjustment and proper exercise techniques. This is not a weight-training class.

Location: MRC-Eldorado

3/27	W	4:00 – 5:00 PM	FREE	22263511
4/20	Sa	9:30 – 10:30 AM	FREE	22263512
5/8	W	NOON – 1:00 PM	FREE	22263513

NEW STARRED CLASSES (★) ARE INCLUDED IN THE PREMIER ANNUAL PASS. SEE PAGE 22.

## ACTIVE ADULT FITNESS CLASS LIST

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee	SS Fee
★ Fitness Club No Class: 5/27	22260111	3/4 – 3/27	M/W	9:00 – 10:00 AM	MRC-GYM	\$25	\$20	\$5
	22260112	4/1 – 4/29	M/W	9:00 – 10:00 AM	MRC-GYM	\$28	\$23	\$5
	22260113	5/1 – 5/29	M/W	9:00 – 10:00 AM	MRC-GYM	\$25	\$20	\$5
3 MONTHS OF CLASSES	22260114	3/4 – 5/29	M/W	9:00 – 10:00 AM	MRC-GYM	\$78	\$63	\$15
★ SilverSneakers® Classic No Class: 5/27	22261011	3/4 – 3/27	M/W	10:15 – 11:15 AM	MRC-GYM	\$25	\$20	\$5
	22261012	4/1 – 4/29	M/W	10:15 – 11:15 AM	MRC-GYM	\$28	\$23	\$5
	22261013	5/1 – 5/29	M/W	10:15 – 11:15 AM	MRC-GYM	\$25	\$20	\$5
3 MONTHS OF CLASSES	22261014	3/4 – 5/29	M/W	10:15 – 11:15 AM	MRC-GYM	\$78	\$63	\$15
★ Forever Fit No Class: 5/27	22260811	3/5 – 3/28	Tu/Th	8:30 – 9:30 AM	ERC-FIT	\$25	\$20	\$5
	22260812	4/2 – 4/30	Tu/Th	8:30 – 9:30 AM	ERC-FIT	\$28	\$23	\$5
	22260813	5/2 – 5/30	Tu/Th	8:30 – 9:30 AM	ERC-FIT	\$25	\$20	\$5
3 MONTHS OF CLASSES	22260814	3/5 – 5/30	Tu/Th	8:30 – 9:30 AM	ERC-FIT	\$78	\$64	\$15
★ Total Body Fitness	22260511	3/5 – 3/28	Tu/Th	9:00 – 10:00 AM	MRC-GYM	\$25	\$20	\$5
	22260512	4/2 – 4/30	Tu/Th	9:00 – 10:00 AM	MRC-GYM	\$28	\$23	\$5
	22260513	5/2 – 5/30	Tu/Th	9:00 – 10:00 AM	MRC-GYM	\$28	\$23	\$5
3 MONTHS OF CLASSES	22260514	3/5 – 5/30	Tu/Th	9:00 – 10:00 AM	MRC-GYM	\$78	\$64	\$15
★ SilverSneakers® Classic	22261111	3/5 – 3/28	Tu/Th	9:45 – 10:45 AM	ERC-FIT	\$25	\$20	\$5
	22261112	4/2 – 4/30	Tu/Th	9:45 – 10:45 AM	ERC-FIT	\$28	\$23	\$5
	22261113	5/2 – 5/30	Tu/Th	9:45 – 10:45 AM	ERC-FIT	\$28	\$23	\$5
3 MONTHS OF CLASSES	22261114	3/5 – 5/30	Tu/Th	9:45 – 10:45 AM	ERC-FIT	\$78	\$63	\$15
★ Mobile & Agile	22260611	3/6 – 3/27	W	1:15 – 2:15 PM	MRC-GYM	\$13	\$10	\$5
	22260612	4/3 – 4/24	W	1:15 – 2:15 PM	MRC-GYM	\$16	\$13	\$5
	22260613	5/1 – 5/29	W	1:15 – 2:15 PM	MRC-GYM	\$21	\$17	\$5
3 MONTHS OF CLASSES	22260614	3/6 – 5/29	W	1:15 – 2:15 PM	MRC-GYM	\$50	\$40	\$15
★ GZ Sobol Parkinson's Network Foundation	22260911	3/2 – 3/30	Sa	10:45 AM – NOON	MRC-BLRM	\$21	\$17	\$5
	22260912	4/6 – 4/27	Sa	10:45 AM – NOON	MRC-BLRM	\$16	\$13	\$5
	22260913	5/4 – 5/25	Sa	10:45 AM – NOON	MRC-BLRM	\$16	\$13	\$5
3 MONTHS OF CLASSES	22260914	3/2 – 5/25	Sa	10:45 AM – NOON	MRC-BLRM	\$53	\$43	\$15

THESE CLASSES ARE NOT INCLUDED IN THE PREMIER ANNUAL PASS.

NEW Step Smartly	22260311	3/6 – 3/27	W	8:00 – 8:45 AM	MRC-GYM	\$16	\$13	N/A
	22260312	4/3 – 4/24	W	8:00 – 8:45 AM	MRC-GYM	\$21	\$17	N/A
	22260313	5/1 – 5/29	W	8:00 – 8:45 AM	MRC-GYM	\$13	\$10	N/A
3 MONTHS OF CLASSES	22260314	3/6 – 5/29	W	8:00 – 8:45 AM	MRC-GYM	\$50	\$40	N/A
NEW Walk & Stretch for Power	22260711	3/6 – 3/27	W	9:00 – 10:00 AM	ERC-FIT	\$16	\$13	N/A
	22260712	4/3 – 4/24	W	9:00 – 10:00 AM	ERC-FIT	\$21	\$17	N/A
	22260713	5/1 – 5/29	W	9:00 – 10:00 AM	ERC-FIT	\$16	\$13	N/A
3 MONTHS OF CLASSES	22260714	3/6 – 5/29	W	9:00 – 10:00 AM	ERC-FIT	\$53	\$43	N/A
Beginning Weight Training 1 hr class 2 times per week No Class: 5/27	22263211	3/4 – 3/27	M/W	9:00 – 11:00 AM	MRC-WGTRM	\$25	\$20	N/A
	22263212	4/1 – 4/29	M/W	9:00 – 11:00 AM	MRC-WGTRM	\$32	\$26	N/A
	22263213	5/1 – 5/29	M/W	9:00 – 11:00 AM	MRC-WGTRM	\$28	\$23	N/A
3 MONTHS OF CLASSES	22263214	3/4 – 5/29	M/W	9:00 – 11:00 AM	MRC-WGTRM	\$85	\$69	N/A
Beginning Weight Training 1 hr class 2 times per week	22263231	3/5 – 3/28	Tu/Th	8:30 – 10:30 AM	MRC-WGTRM	\$28	\$23	N/A
	22263232	4/2 – 4/30	Tu/Th	8:30 – 10:30 AM	MRC-WGTRM	\$32	\$26	N/A
	22263233	5/2 – 5/30	Tu/Th	8:30 – 10:30 AM	MRC-WGTRM	\$28	\$23	N/A
3 MONTHS OF CLASSES	22263234	3/5 – 5/30	Tu/Th	8:30 – 10:30 AM	MRC-WGTRM	\$88	\$72	N/A
Continuing Weight Training No Class: 5/27	22263311	3/4 – 3/28	M – Th	8:15 – 10:30 AM	MRC-WGTRM	\$33	\$26	\$5
	22263312	4/1 – 4/30	M – Th	8:15 – 10:30 AM	MRC-WGTRM	\$33	\$26	\$5
	22263313	5/1 – 5/30	M – Th	8:15 – 10:30 AM	MRC-WGTRM	\$33	\$26	\$5
3 MONTHS OF CLASSES	22263314	3/4 – 5/30	M – Th	8:15 – 10:30 AM	MRC-WGTRM	\$99	\$78	\$15



Recreation Supervisor: Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2661

Yoga Drop-in Rates

Daily Yoga \$10/\$8

Drop-in not available for Pilates Reformer, Tai Chi for Balance, or Group Personal Training classes.

Energize Yoga

Age: 16 yrs+ Start your day energized without the caffeine jitters. This combination of Hatha and Vinyasa moves will leave you stretched, focused, and balanced for the day ahead. Instructor: Erin Mathiason

NEW Tai Chi Yoga Fusion

Age: 16 yrs+ Blending the best of both ancient arts, your practice will be filled with gentle, fluid movements, stretches, and peaceful poses. Gain physical strength and flexibility, increased energy, inner quietness, and more. Instructor: Erin Mathiason

Hatha Yoga

Age: 15 yrs+ Increase flexibility, build strength, calm the mind, and open the heart with Hatha yoga. Hatha yoga is a balanced combination of sustained poses with attention to alignment principles and integrated with the breath. Beginners are welcome to attend; this is an all-levels class. Instructor: Erin Mathiason

Foundations Yoga

Age: 13 yrs+ Learn the basic yoga poses and breathing techniques. Improve strength, flexibility, and stress relief. This is the perfect class for someone with little or no previous yoga experience. Instructor: Roseanna Frechette

Flow Yoga

Age: 13 yrs+ Alignment of the body in a sequence of poses linked together with the breath make this Vinyasa yoga class an energizing and uplifting choice. Build endurance, flexibility, and strength. Some yoga experience recommended. Instructor: Wendy Bradshaw

Core Yoga

Age: 13 yrs+ Improve flexibility, balance, and strength, especially in the core, to protect the back. Modifications and props available. Appropriate for beginner to intermediate. Instructors: Stephanie Turner



Chair Yoga

Age: 55 yrs+; 18 – 54 yrs, space available Move your whole body through a complete series of seated and standing yoga poses. Chair support is offered to safely perform a variety of postures designed to increase flexibility, balance, and range of movement. Restorative breathing exercises and a final relaxation will promote stress reduction and mental clarity. Instructor: Catherine Glenn



Light Yoga

Age: 55 yrs+; 18 – 54 yrs, space available For individuals who desire a traditional yoga practice but require modifications for mobility limitations, this class is a perfect fit. Gently ease your way through stretches and poses and feel light on your feet. You must be able to get down onto and up from the floor. Instructor: Barbara Meadows

Tai Chi for Better Balance

Age: 55 yrs+; 18 – 54 yrs, space available Improve your balance while enhancing your agility and coordination with Tai Chi-based movements. The class format and design have been acknowledged as one of the few evidence-based interventions for the prevention of falls by the Centers for Disease Control and National Center for Injury Prevention and Control. Beginning and advanced classes are offered. Advanced class participation must be approved by the instructor. Instructor: Patty Vogt

Therapeutic Tai Chi

Age: 55 yrs+; 18 – 54 yrs, space available Better manage chronic health conditions and improve overall wellbeing based on a variety of true principled Tai Chi styles and forms. Movements are performed in a slow, relaxed manner with continual deep breathing to improve concentration and quiet the body. Strengthen muscles and joints, increase flexibility and coordination, and improve posture and balance while integrating the mind, body, and spirit. Instructor: Phred Hall

ACTIVE YOGA & TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee	SS Fee
NEW Tai Chi Yoga Fusion	22255511	3/4 – 3/25	M	4:00 – 5:00 PM	MRC-BLRM	\$31	\$25	N/A
	22255512	4/1 – 4/29	M	4:00 – 5:00 PM	MRC-BLRM	\$40	\$31	N/A
	22255513	5/6 – 5/20	M	4:00 – 5:00 PM	MRC-BLRM	\$23	\$19	N/A
Energize Yoga	22258011	3/4 – 3/25	M	7:00 – 8:00 AM	ERC-FIT	\$23	\$19	N/A
	22258012	4/1 – 4/29	M	7:00 – 8:00 AM	ERC-FIT	\$34	\$27	N/A
	22258013	5/6 – 5/20	M	7:00 – 8:00 AM	ERC-FIT	\$34	\$27	N/A
Hatha Yoga	22256911	3/5 – 3/26	Tu	6:15 – 7:30 PM	MRC-BLRM	\$34	\$27	N/A
	22256912	4/2 – 4/30	Tu	6:15 – 7:30 PM	MRC-BLRM	\$42	\$33	N/A
	22256913	5/7 – 5/28	Tu	6:15 – 7:30 PM	MRC-BLRM	\$34	\$27	N/A
Foundations Yoga	22256211	3/6 – 3/27	W	6:45 – 8:00 PM	ERC-AA2	\$34	\$27	N/A
	22256212	4/3 – 4/24	W	6:45 – 8:00 PM	ERC-AA2	\$34	\$27	N/A
	22256213	5/1 – 5/29	W	6:45 – 8:00 PM	ERC-AA2	\$42	\$33	N/A
3 MONTHS OF CLASSES	22256214	3/6 – 5/29	W	6:45 – 8:00 PM	ERC-AA2	\$110	\$87	N/A
Flow Yoga No Class: 4/11	22257011	3/7 – 3/28	Th	5:45 – 6:45 PM	MRC-BLRM	\$31	\$25	N/A
	22257012	4/4 – 4/25	Th	5:45 – 6:45 PM	MRC-BLRM	\$31	\$25	N/A
	22257013	5/2 – 5/30	Th	5:45 – 6:45 PM	MRC-BLRM	\$40	\$31	N/A
3 MONTHS OF CLASSES	22257014	3/6 – 5/30	Th	5:45 – 6:45 PM	MRC-BLRM	\$102	\$81	N/A
Core Yoga	22257111	3/9 – 3/30	Sa	9:15 – 10:30 AM	MRC-BLRM	\$34	\$27	N/A
	22257112	4/6 – 4/27	Sa	9:15 – 10:30 AM	MRC-BLRM	\$34	\$27	N/A
	22257113	5/4 – 5/25	Sa	9:15 – 10:30 AM	MRC-BLRM	\$34	\$27	N/A
3 MONTHS OF CLASSES	22257114	3/9 – 5/25	Sa	9:15 – 10:30 AM	MRC-BLRM	\$102	\$81	N/A

GENTLE YOGA & TAI CHI

Class	Activity #	Dates	Days	Time	Location	Fee	Res Fee	SS Fee
Chair Yoga	22258311	3/5 – 3/28	Tu/Th	11:00 AM – NOON	ERC-FIT	\$42	\$33	\$5
	22258312	4/2 – 4/30	Tu/Th	11:00 AM – NOON	ERC-FIT	\$47	\$37	\$5
	22258313	5/2 – 5/30	Tu/Th	11:00 AM – NOON	ERC-FIT	\$47	\$37	\$5
3 MONTHS OF CLASSES	22258314	3/5 – 5/30	Tu/Th	11:00 AM – NOON	ERC-FIT	\$136	\$107	\$15
Chair Yoga	22258321	3/8 – 3/29	F	8:30 – 9:30 AM	MRC-GYM	\$21	\$17	\$5
	22258322	4/5 – 4/26	F	8:30 – 9:30 AM	MRC-GYM	\$21	\$17	\$5
	22258323	5/3 – 5/31	F	8:30 – 9:30 AM	MRC-GYM	\$26	\$21	\$5
3 MONTHS OF CLASSES	22258324	3/8 – 5/31	F	8:30 – 9:30 AM	MRC-GYM	\$68	\$55	\$15
Light Yoga	22258211	3/5 – 3/29	Tu/F	8:45 – 10:00 AM	MRC-BLRM	\$42	\$33	\$5
	22258212	4/2 – 4/26	Tu/F	8:45 – 10:00 AM	MRC-BLRM	\$47	\$37	\$5
	22258213	5/3 – 5/31	Tu/F	8:45 – 10:00 AM	MRC-BLRM	\$47	\$37	\$5
3 MONTHS OF CLASSES	22258214	3/5 – 5/31	Tu/F	8:45 – 10:00 AM	MRC-BLRM	\$136	\$107	\$15
Beginning Tai Chi for Better Balance	22255311	4/2 – 5/30	Tu/Th	2:15 – 3:15 PM	MRC-BLRM	\$80	\$64	N/A
Advanced Tai Chi for Better Balance	22255411	4/2 – 5/30	Tu/Th	1:15 – 2:15 PM	MRC-BLRM	\$80	\$64	N/A
Therapeutic Tai Chi	22255111	3/7 – 3/28	Th	10:00 – 11:00 AM	MRC-BLRM	\$31	\$25	N/A
	22255112	4/4 – 4/25	Th	10:00 – 11:00 AM	MRC-BLRM	\$31	\$25	N/A
	22255113	5/2 – 5/30	Th	10:00 – 11:00 AM	MRC-BLRM	\$40	\$31	N/A



# PILATES

Recreation Supervisor: Shelly Fritz-Pelle • sfritz@englewoodco.gov • 303-762-2661

### Free Pilates Reformer Demo

Age: 16 yrs+  
Explore Pilates! Learn the history, how the Pilates reformer works, mat and reformer exercises, and how to get started in our Pilates program. Please register in advance.

### Essential Pilates Principles

Age: 16 yrs+  
Begin with two private sessions to learn the core principles and concepts of the Pilates method. Once you have completed the private sessions satisfactorily, you may move into the Beginning Pilates Reformer class and receive a \$10 discount coupon. These two private sessions are a prerequisite for Beginning Pilates Reformer. Call 303-762-2678 to schedule your first private session.



### Beginning Pilates Reformer

Age: 16 yrs+  
Pilates is a method of exercise and physical movement designed to stretch, strengthen, and balance the body. Exercises are low impact and may be adapted for individuals of any fitness level. The exercises are performed on equipment or a mat. Beginning Pilates Reformer is designed for those who have taken at least two sessions of Essential Pilates Principles.

### Continuing Pilates Reformer

Age: 16 yrs+  
Build upon your experience and learn more dynamic exercises. Enroll in Continuing Pilates Reformer upon completion of four months of Beginning Pilates Reformer.

### Pilates Personal Training

Perfect for: beginners needing one-on-one instruction, experienced exercisers ready for advanced moves, athletes wanting to improve performance, and individuals in post-rehab following an injury. Each session is 60 minutes. To schedule, call 303-762-2678. Your call will be returned within two business days. Specify reformer or mat instruction. Yoga Personal Training also available.

Private: One-on-One		
Fee	1 Session	\$59
	3 Sessions	\$163
	6 Sessions	\$300
Res. Fee	1 Session	\$47
	3 Sessions	\$130
	6 Sessions	\$240

Small group sessions of 2-3 people are available. Please call Personal Training line for pricing. *Note: No-shows and cancellations not made with your personal trainer at least 24 hours in advance result in loss of the session.*

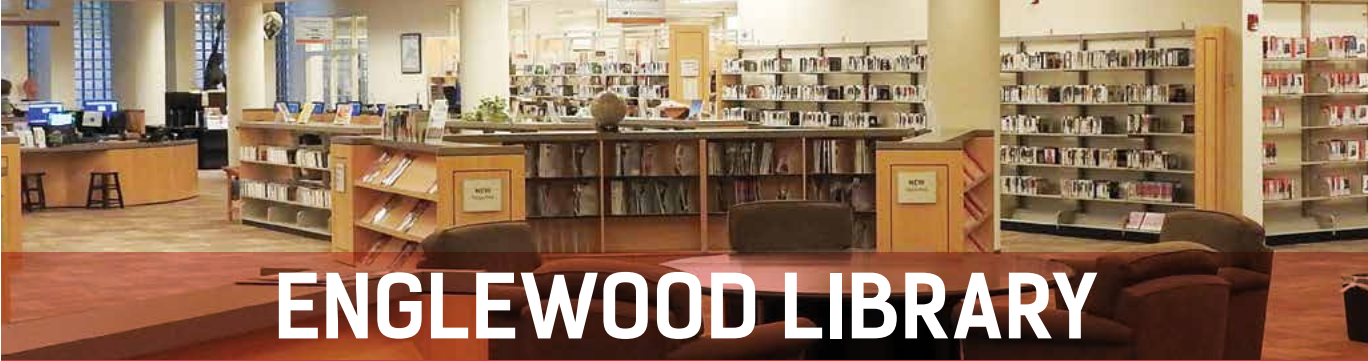


## PILATES CLASS LIST

Class	Activity #	Dates	Days	Times	Instructor	Location	Fee	Res Fee
Free Pilates Reformer Demo	22254211	3/5	Tu	2:30 – 3:30 PM	Catherine G.	MRC-PEAK	FREE	
	22254212	3/6	W	6:40 – 7:40 PM	Michael D.	MRC-PEAK	FREE	
	22254213	3/7	Th	6:40 – 7:40 PM	Carol D.	MRC-PEAK	FREE	
	22254214	4/3	W	6:40 – 7:40 PM	Michael D.	MRC-PEAK	FREE	
	22254215	4/12	F	1:30 – 2:30 PM	Catherine G.	MRC-PEAK	FREE	
	22254216	4/18	Th	6:40 – 7:40 PM	Carol D.	MRC-PEAK	FREE	
	22254217	5/1	W	6:40 – 7:40 PM	Michael D.	MRC-PEAK	FREE	
	22254218	5/2	Th	6:40 – 7:40 PM	Carol D.	MRC-PEAK	FREE	
	22254819	5/7	Tu	2:30 – 3:30 PM	Catherine G.	MRC-PEAK	FREE	

STEP ONE Essential Pilates Principles	22254111	CALL 303-762-2678 TO SCHEDULE				MRC-PEAK	\$86	\$69
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STEP TWO Beginning Pilates Reformer	22254311	3/4 – 3/25	M	7:10 – 8:10 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254312	4/1 – 4/29	M	7:10 – 8:10 PM	Michael D.	MRC-PEAK	\$80	\$64
	22254313	5/6 – 5/20	M	7:10 – 8:10 PM	Michael D.	MRC-PEAK	\$49	\$39
	22254321	3/7 – 3/28	Th	5:30 – 6:30 PM	Carol D.	MRC-PEAK	\$64	\$51
	22254322	4/4 – 4/25	Th	5:30 – 6:30 PM	Carol D.	MRC-PEAK	\$64	\$51
	22254323	5/2 – 5/30	Th	5:30 – 6:30 PM	Carol D.	MRC-PEAK	\$80	\$64
	22254331	3/8 – 3/29	F	9:45 – 10:45 AM	Catherine G.	MRC-PEAK	\$64	\$51
	22254332	4/5 – 4/26	F	9:45 – 10:45 AM	Catherine G.	MRC-PEAK	\$64	\$51
	22254333	5/3 – 5/31	F	9:45 – 10:45 AM	Catherine G.	MRC-PEAK	\$80	\$64
	22254341	3/8 – 3/29	F	12:15 – 1:15 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254342	4/5 – 4/26	F	12:15 – 1:15 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254343	5/3 – 5/31	F	12:15 – 1:15 PM	Catherine G.	MRC-PEAK	\$80	\$64
	22254351	3/5 – 3/26	Tu	1:20 – 2:20 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254352	4/2 – 4/30	Tu	1:20 – 2:20 PM	Catherine G.	MRC-PEAK	\$80	\$64
Beginning Senior Age: 50+	22254353	5/7 – 5/28	Tu	1:20 – 2:20 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254411	3/4 – 3/25	M	9:00 – 10:00 AM	Catherine G.	MRC-PEAK	\$64	\$51
	22254412	4/1 – 4/29	M	9:00 – 10:00 AM	Catherine G.	MRC-PEAK	\$80	\$64
	22254413	5/6 – 5/20	M	9:00 – 10:00 AM	Catherine G.	MRC-PEAK	\$49	\$39
	22254421	3/4 – 3/25	M	5:00 – 6:00 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254422	4/1 – 4/29	M	5:00 – 6:00 PM	Michael D.	MRC-PEAK	\$80	\$64
	22254423	5/6 – 5/20	M	5:00 – 6:00 PM	Michael D.	MRC-PEAK	\$49	\$39
	22254431	3/4 – 3/25	M	6:05 – 7:05 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254432	4/1 – 4/30	M	6:05 – 7:05 PM	Michael D.	MRC-PEAK	\$80	\$64
	22254433	5/6 – 5/20	M	6:05 – 7:05 PM	Michael D.	MRC-PEAK	\$49	\$39
	22254441	3/5 – 3/26	Tu	12:15 – 1:15 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254442	4/2 – 4/30	Tu	12:15 – 1:15 PM	Catherine G.	MRC-PEAK	\$80	\$64
	22254443	5/7 – 5/28	Tu	12:15 – 1:15 PM	Catherine G.	MRC-PEAK	\$64	\$51
	22254451	3/6 – 3/26	W	5:30 – 6:30 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254452	4/3 – 4/24	W	5:30 – 6:30 PM	Michael D.	MRC-PEAK	\$64	\$51
	22254453	5/1 – 5/29	W	5:30 – 6:30 PM	Michael D.	MRC-PEAK	\$80	\$64
STEP THREE Continuing Pilates Reformer	22254461	3/8 – 3/29	F	11:00 AM – NOON	Catherine G.	MRC-PEAK	\$64	\$51
	22254462	4/5 – 4/26	F	11:00 AM – NOON	Catherine G.	MRC-PEAK	\$64	\$51
	22254463	5/3 – 5/31	F	11:00 AM – NOON	Catherine G.	MRC-PEAK	\$64	\$51



# ENGLEWOOD LIBRARY

1000 Englewood Parkway • 303-762-2560 • [www.inglewoodco.gov/library](http://www.inglewoodco.gov/library)

## ADULT/TEEN PROGRAMMING

### Adulting 101 – Cover Your Assets

**Saturday, 3/2, 2:00 – 3:30 PM**

When you’re a kid you think grownups have it all figured out. This class takes a fun look at protecting your assets. No registration required. For adults and teens. *Location: Anderson Room*

### Artist’s Reception

**Thursday, 4/4, 4:00 – 6:00 PM** featuring Englewood School Students

**Thursday, 5/2, 6:30 – 7:30 PM** featuring local artist – Talon Forehand

The Englewood Public Library is excited to host a rotating art exhibit that highlights the work of local and regional artists. All exhibits are free to the public and rotate every other month. All ages welcome. *Location: Reading Circle*

### Books @ the Bar

**Second Monday of every other month, 6:30 – 8:00 PM**

This book club meets in a different gathering place in Englewood every other month. Experience local establishments, meet people, and READ. What more can you ask for? New members are welcome. Please ask staff for a book/location list. For adults. Registration encouraged.

### Book Clubs

**Second Thursday, 6:30 – 8:00 PM, Sundown Book Club**

**Fourth Wednesday, 12:30 – 2:00 PM, Book Club Buzz**

New members are always welcome. Please ask library staff how to acquire a copy of this month’s title. For adults. No registration required. *Location: Perrin Room*

### Change Your Life by Tidying Your Home

**Saturday, 4/13, 2:00 – 3:30 PM**

Learn about this life-changing method written about in “The Life Changing Magic of Tidying Up” and “Spark Joy” by Marie Kondo. For adults and teens. Registration required. *Location: Anderson Room*

### Conversations Over Coffee

**Fourth Wednesday of the month, 10:30 AM – NOON**

We have donuts and coffee! If you’re currently experiencing homelessness or you’re interested in discussing social issues affecting our community, please join us for a warm beverage and a donut. No registration required. *Location: Altenbach Room*

### Drive Smart

**First Tuesday every other month, February – August, 6:30 – 7:30 PM**

In this one-hour class, you will learn about the risks of teen drivers, what graduated driver licensing is and how it impacts you and your teen, tips for teaching your young driver to be safe, and adding a youth to your car insurance policy. Registration required. *Location: Altenbach Room*

### French Conversation Circle

**First Wednesday of the month, 1:00 – 2:00 PM**

Bonjour! Looking for a chance to brush up on your French? We’ll gather once a month to practice our French language skills. All skill levels are welcome. No registration required. All ages welcome. *Location: Altenbach Room*

### Genealogy: Beginner Level

**Saturday, 4/6, 10:30 AM – 12:30 PM**

**Saturday, 4/20, 10:30 AM – 12:30 PM**

Want to find out who’s in your family tree? Join genealogy expert Leah Klocek for the first two of our four-session series to learn the basics and get started learning about your ancestors. Registration required. *Location: Anderson Room*

### Get Smart!

**First Wednesday of the month, 3:30 – 5:30 PM**

We bring you high-performance tutoring so you can reap the benefits of high-quality math, science, and test prep tutoring for FREE. Help is available for elementary school through advanced college coursework. Drop in or RSVP by calling 720-943-7304. *Location: Anderson Room*

### Get Your Tail on a Trail!

**Saturday, 3/9, 10:30 AM – NOON, Anderson Room**

**Saturday, 3/16, 10:30 AM – NOON, Civic Center Amphitheater**

**Saturday, 3/23, 10:30 AM – NOON, Anderson Room**

Spring is in the air and it’s time to get outside and get active! Englewood Parks, Recreation, and Library are joining forces with Any and All Bikes, Generation Wild, GOCO, and Colorado Parks and Wildlife to bring you this three part series, Get Your Tail on a Trail! Session I focuses on local services and activities. Learn about the Englewood park system and bike paths, our very own recreation centers, Pirates Cove, and Broken Tee golf course. Session II is dedicated to cycling. Spend the morning with Any and All Bikes checking out the latest and greatest models and how to maintain or repair the bikes you already have, and, Part III will get you up-to-date on Colorado’s State Park system, the various amenities available, how to be safer around the wildlife, and the State Park Backpack program available through Englewood Library. There will be fun and free stuff at all three sessions.

### Harplanders

**Sunday, 5/11, 2:00 – 3:00 PM**

Beautiful live performances by the local Colorado Celtic Harp Society. All ages welcome. *Location: Reading Circle*

### Intro to Nonviolent Communication

**Monday, 4/29, 5:30 – 8:30 PM**

Based on the Non-Violent Communication (NVC) work of Marshall Rosenberg. NVC helps transform patterns that often lead to conflict or disconnection from ourselves and others. Please join us for this free introductory class and discover the many ways it can transform your life. For adults and teens. Registration encouraged.

*Location: Anderson Room*

### Life, the Universe and Everything

**Third Tuesday of the month, 6:30 – 8:00 PM**

The Library, in conjunction with the Masonic Philosophical Society, invites you to join our conversation. We explore a new topic every month with the goal of inspiring individuals to self-awareness. For adults. No registration required. *Location: Perrin Room*

### Malley Book Club

**Third Thursday of the month, 10:30 – 11:30 AM**

New members are always welcome. Please ask library staff how to acquire a copy of current title. For adults. No registration required. *Location: Malley Recreation Center*

### Memory Café

**Second Monday of every other month, 2:00 – 4:00 PM**

The Memory Café is a fun place to socialize, relax, and engage for people experiencing memory loss and their caregivers. Each café has an activity to facilitate the goal of social connection – without worrying about remembering or forgetting. For adults. No registration required. *Location: Anderson Room*

### Rock Art!

**Saturday, 4/27, 10:30 AM – NOON**

**Tuesday, 4/30, 6:30 – 8:00 PM**

Learn the art of painting and preserving painted rocks. Class will supply tools, rocks, paints, and designs to create and take home one of your own. All skill levels. For adults and teens. No registration required. *Location: Anderson Room*

### Show Me the Money

**Monday evenings, 4/15 – 5/20, 6:30 – 8:00 PM**

Join us for this six-part series addressing various aspects of finances: Basic Finance, What to Expect When Buying a Home, When You Borrow Money, Should I Sell or Should I Stay?, Retirement Planning? and Real Estate as an Investment. For adults and teens. No registration required. *Location: Perrin or Anderson Room*

### Sit-N-Knit

**Final Wednesday of the month, 6:30 – 8:30 PM**

Whether you’re an expert or don’t know how to cast on, this group could be just what you’re looking for! For adults and teens. No registration required. *Location: Perrin Room*

### Writers Group

**First and third Wednesdays of the month, 6:30 – 8:30 PM**

Join our writers group! We meet twice monthly for writing discussion and practice with prompts and exercises. All experience levels welcome. For adults. No registration required. *Location: Altenbach Room*

### Zentangle

**Saturday, 5/11, 10:30 AM – NOON • Tuesday, 5/14, 6:30 – 8:30 PM**

With this method of drawing, you can relax, focus, and expand your imagination. Come learn how to Zentangle with us! All skill levels. For adults and teens. No registration required. *Location: Anderson Room*

## TEEN PROGRAMMING

### Tuesday Teen Takeovers

**Every Tuesday Evening, 4:00 – 7:00 PM**

The Tech Lab is now for teens only on Tuesday nights! Play video games, board games, hang out, and more! *Location: Tech Lab*

### Teen Programs

3/8	F	5:30 PM	Teen Tech Night
4/16	Tu	6:30 PM	Earth Day Activities
5/28	Tu	6:00 PM	Teen Movie Night

**Join us for our Summer Reading Program.**

Registration begins Thursday, 5/23. Weekly Teen programs begin in June.

## CHILDREN’S PROGRAMMING

Join us for special programs tied to STEM, Art, Literacy, and Music. No registration required. For program details, please call 303-762-6960.

### For School-Age Children

**Thursdays at 4:00 PM on 3/14, 4/18, 5/2, 5/16**

### For Younger Children

**Toddler and Preschool Extra and Messy Art Programs at 10:30 AM**

3/4	M	10:30 AM	Messy Art
3/22	F	10:30 AM	Extra Program
4/8	M	10:30 AM	Extra Program
4/25	F	10:30 AM	Messy Art
5/9	Th	10:30 AM	Extra Program

### For All Ages

**Spring Break**

Need to get the kids out of the house for spring break?

**3/25 – 3/29 M – F 1:00 PM**

**Join us for regular Saturday activities.**

The Storytime room opens every Saturday at 10:00 AM.

Open Play (1st, 3rd, 5th Saturday) or Legos (2nd, 4th Saturday).

**Join us for Weekday Storytimes.**

Children learn naturally when they read, sing, write, talk, and play! Our interactive storytimes combine books, songs, rhymes, and fun. Playtime available after storytime.

<b>BABYSTEPS:</b> Wednesdays at 10:30 AM and 2:30 PM For children up to 18 months	<b>TEETERTOTS:</b> Mondays and Tuesdays at 10:30 AM For children 18 months to age 3	<b>PRESCHOOL:</b> Thursdays and Fridays at 10:30 AM For children ages 3–5
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**Join us for our Summer Reading Program.**

Registration begins 5/23. Daily Programs begin 5/28 at 1:00 PM.



# EXCURSIONS

**Recreation Supervisor:** Cheryl Adamson • cadamson@englewoodco.gov • 303-762-2662

## MARCH

### Broncos Stadium Tour

The football season has ended, so let's go see where all the action happened! We'll start in the Colorado Sports Hall of Fame Museum, then take a tour of the Executive Suites, United Club Level, NFL Visiting Team Locker Room Facilities, Keg Room, Thunder's Stall, Team Tunnel, Field Level View, Network Television Production Compound, Broadcast Facilities, and Writing Press Center. Note: tour walks ½ mile. Lunch will be on your own at Sloan's Lake Tap & Bar. Fee includes tour, escort, and transportation.



3/7 Th 9:15 AM – 1:45 PM \$42/\$34 22060211

### Denver Police Academy Tour

Being a police offer is tough and it all starts at the Academy! Learn about and see the training these individuals go through. Starting with the department's history and what it's like to be a police officer today, view memorabilia, see the driving training, workout gym, and much more. We'll stop at Nuggs Ice Cream afterward for an afternoon treat, on your own. Fee includes tour, escort, and transportation.

3/8 F 12:15 – 4:30 PM \$15/\$12 22060311

### The Odd Couple – Parker Arts

Get ready for some laughs! This classic comedy opens as a group of the guys assemble for cards in the apartment of divorced Oscar Madison. If the mess is any indication, it's no wonder his wife left him. Late to arrive is Felix Unger, who just separated from his wife. Fastidious and depressed, Felix seems suicidal, but as the action unfolds, Oscar becomes the one with murder on his mind when the clean freak and the slob ultimately decide to room together with hilarious results as The Odd Couple is born. This show is intended for an adult audience and may contain adult language and situations. Cancellation deadline 3/1. Fee includes show, escort, and transportation.

3/10 Su 1:00 – 5:15 PM \$55/\$44 22060411

### Black Hawk and Central City

Choose Black Hawk or Central City – the bus will drop you off and pick you up in the heart of it all. You may choose to visit your favorite casino, visit historic sites, or enjoy the mountain air. Activities are on your own. Fee includes escort and transportation.

3/11 M 9:00 AM – 3:00 PM \$17/\$14 22060511

4/15 M 9:00 AM – 3:00 PM \$17/\$14 22060611

5/13 M 9:00 AM – 3:00 PM \$17/\$14 22060711

### Maggie Smith's Irish Pub – Tech Center

Celebrate St. Patrick's Day early with a lunch that will bring a little bit of Ireland to you! Enjoy comfort food and daily drink specials served up with Irish hospitality! The food menu features Irish favorites with a modern twist – shepherd's pie, bangers and mash, signature burgers, and more. Fee includes escort and transportation.

3/13 W 10:45 AM – 1:30 PM \$13/\$10 22060811

### The Gabriel Foundation Tour – Elizabeth

This 40,000 sq. ft. aviary and adoption center was designed for the total welfare of TGF's feathered friends. TGF provides quality care for 800+ birds. This tour will show you their programs of adoption, rescue, rehabilitation, sanctuary, foster care, and education. Note: Parrots can be loud and the terrain around the aviary remains natural with rock walkways. Lunch will be at Rory's Diner in the Victorian District of Old Town Parker, on your own. Fee includes tour, escort, and transportation.

3/19 Tu 9:30 AM – 3:30 PM \$37/\$30 22060911

4/2 Tu 9:30 AM – 3:30 PM \$37/\$30 22061211

### Waffle Brothers – Denver

It's National Waffle Day! So, we are heading to the most unique waffle restaurant around. Whether you choose the Allie Cat (caramel, walnuts, strawberries, and whipped cream), Stationary Dan Sandwich (fried chicken tender) or the BreakMest (egg, meat, and melted cheese) the Waffle Brothers will be "Serving one warm waffle at a time"! Fee includes escort and transportation.

3/25 M 8:30 – 11:00 AM \$12/\$10 22061011

### Ice Castles – Dillon

Head to this mountain town for an awe-inspiring, must-see winter phenomenon that brings fairytales to life. Enter through ice-adorned archways and view 40 ft. towers, slides, tunnels, and igloos created by professional ice artisans. This amazing ice creation made of 25 million pounds of ice will sparkle and bring you happiness, laughter, and unforgettable winter memories. Wear boots – the floor is made of crushed ice. Dinner, on your own, will be at Red Mountain Grill, a delicious, rustic restaurant. Fee includes escort and transportation.

3/27 W 2:00 – 8:30 PM \$52/\$42 22060111

### Dazzle Jazz Lunch – RTD

Lunch plus a live jazz trio – what more could we ask for? Lunch includes your choice of three chef-inspired entrées, soda, coffee, tea, glass of wine, or draft beer, plus great live jazz! Transportation is provided by RTD Senior Ride. Departure time TBA one week prior. Fee includes escort, RTD transportation, performance, meal, drink, tax, and gratuity.

3/28 Th 11:00 AM – 2:00 PM \$42/\$35 22161111

## APRIL

### Motones vs. Jerseys – Boulder Dinner Theater

Back by popular demand for a limited engagement! The ultimate '60s music battle! Who will reign supreme in this amazing night of music? Join the Motones and Jerseys for an evening of '60s song, dance, and crowd interaction. At the end of the show, YOU decide the winner! Featuring the music of artists that you love: Marvin Gaye, Smokey Robinson, Frankie Valli and the Four Seasons, The Temptations, The Four Tops, Stevie Wonder, Bruno Mars, Gladys Knight and the Pips, The Beach Boys, Rick James, The Platters, The Flamingos, Herman's Hermits... to name a few. Fee includes show, dinner, drink, gratuity, escort, and transportation. Cancellation deadline 3/8.

4/4 Th 5:00 – 10:30 PM \$84/\$67 22061311

### U.S. Olympic Complex and Old Colorado City – Colorado Springs

The athletes are training for next year's 2020 Summer Olympics. Let's go see how they train! Get a first-hand look at the state-of-the-art sports center, an athlete center which includes a dining hall and two residence halls. The USOC provides housing, dining, recreational facilities and other services for more than 500 coaches and athletes at one time. There's a great gift shop, too. The afternoon will be spent in Old Colorado City browsing the shops, boutiques, galleries and enjoy lunch at one of the many restaurant or cafés. Fee includes tour, escort, and transportation. Bring \$10 CASH for tour.

4/9 Tu 8:15 AM – 4:15 PM \$27/\$22 22061411

### Veterinary Teaching Hospital Tour – Fort Collins

We are heading north to James L. Voss Veterinary Teaching Hospital for a hands-on tour. For over 110 years, VTH has been teaching and conducting research and is the setting for clinical rotations during a veterinary student's 3rd and 4th years in the DVM Program. It is also home to 79 veterinarians from clinics representing 28 board-certified specialties. These specialists are the experts who care for 650 faculty, interns, residents, technicians, staff, students, and volunteers. We'll first stop by La Crêperie & Bakery for lunch, on your own. Fee includes tour, escort, and transportation.

4/18 Th 11:00 AM – 6:00 PM \$26/\$21 22061511

### U.S. Air Force Academy – Colorado Springs

Spend the day on base! We'll visit the Barry Goldwater Visitors Center, a 35,000 sq. ft. facility offering information through films and exhibits on cadet life and Academy history, plus a gift shop. We'll walk ½ mile to the Cadet Chapel, the most visited man-made tourist attraction in Colorado, which offers an excellent view of the Cadet Area. We'll check out the Cadet Field House, Diamond Lil (the B-52 on display), Doolittle Hall, Arnold Hall, and try to catch the Cadet Lunch Formation. Lunch will be at The Grill at Eisenhower Golf Course on base. Note: This excursion has a high amount of walking. Fee includes tour, escort, and transportation.

4/23 Tu 8:15 AM – 4:30 PM \$29/\$23 22061611



## Batter Up!

Take me out to the ballgame! Root for the Rockies with us as they take on the Washington Nationals. We will sit along the 3rd base line. Food and drinks available for purchase at the ballfield. For a special needs seat, see Cheryl. Fee includes game ticket, escort, and transportation. Early cancellation date: April 10.

4/24 W 11:30 AM – 5:00 PM \$32/\$26 22061711

### Haystack Mountain Creamery – Longmont

Have you shied away from goat cheese? Well, give Haystack a try! The tour of this creamery includes a behind-the-scenes look, education on goats and cheese making, an overview of the economic fundamentals of the artisan cheese business, and a guided cheese tasting featuring at least five of Haystacks' finest cheeses, spanning a variety of styles. Cheese shopping will be available. We will spend the afternoon in downtown Longmont, enjoying lunch at a restaurant of your choice (on your own), visiting an art gallery, shopping at a boutique, or visiting a brewpub. Fee includes tour, escort, and transportation.

4/25 Th 9:45 AM – 4:30 PM \$38/\$30 22061811



### McGuckin Hardware Store – Boulder

There is no other store like McGuckin's! Opening its doors in 1955, its success is based on personalized service and product selection. This personally owned business now has 250 employees, 18 departments, 60,000 sq. ft. and over 200,000 items. On this tour you will find gardening tools, appliances, pet supplies, housewares, and so much more. You will have a chance to shop, too. Lunch beforehand at The Buff Restaurant, on your own. Fee includes tour, escort, and transportation.

4/29 M 11:15 AM – 4:30 PM \$20/\$16 22061911

## MAY

### Denver Graffiti Tour

Explore the murals and street art of the RiNo Art District, one of Denver's coolest neighborhoods. Learn about the artists, how the art was created, the story behind street art and graffiti, and the evolution of the area over the years. The tour ends at the Denver Central Market, a gourmet marketplace and food hall where we will have lunch, on your own. Note: 2 hours and 2 miles of walking. Fee includes tour, escort, and transportation.

5/2 Th 9:15 AM – 2:45 PM \$59/\$48 22062011

### Dragon Man's Military Museum – Colorado Springs

Join us for a guided tour of the 58,000 sq. ft. museum that boasts the most complete military collection in the world. View authentic artifacts like guns, vehicles, equipment, uniforms, and more from World War I to the present. It will be an experience like no other. Continue this day with lunch in a 1953 Boeing KC-97 tanker at The Airplane Restaurant – rich with aviation history, pictures, memorabilia, and rare artifacts. Lunch on your own. Fee includes tour, escort, and transportation.

5/5 Su 8:15 AM – 4:15 PM \$52/\$42 22062111

### Colorado Wolf and Wildlife Center – Divide

We'll be taking a scenic drive and stopping in Woodland Park for lunch at one of the local restaurants. Then take a trip through the Dinosaur Resource Center/Museum. See displays of dinosaur skeletons, a fossil lab, prehistoric reptiles, pterosaurs, and much more. Then off to Divide to walk with an experienced and knowledgeable guide at CWWC to learn why it is important to preserve the diminishing wildlife. On our 60–75 minute FEEDING tour you will get an up-close view of the beautiful wolves, coyotes, and foxes, and learn about the history, biology, and current issues they face today and much more. This tour ends with the signature group howl. Note: Path is dirt and gravel with hills. Fee includes museum, wildlife tour, escort, and transportation.

5/8 W 10:00 AM – 7:30 PM \$77/\$62 22062211

### Highlands Ranch Mansion

Discover this 27,000 sq. ft. mansion and its landscaped grounds, vistas, picturesque architectural details, and deep connection to the western heritage. The mansion has been the home of cattle barons, oil tycoons, and Denver socialites. Sitting on a 25-acre ranch, it is surrounded by historic barns, a bunkhouse, ranch houses, corrals, pastures, and the iconic windmill. This tour will be a memorable experience. Bring a sack lunch, as we will picnic at the beautiful Civic Green Park. Fee includes tour, escort, and transportation.

5/9 Th 9:45 AM – 1:30 PM \$12/\$10 22062311

### Colorado Rapids Soccer Game – Commerce City

Soccer – with over 3.3 million fans, it is the most popular sport in the world. So we are heading to Dick's Sporting Goods Park to root on the Rapids, Colorado's Major League Soccer team. The franchise began play in 1996 as one of the charter clubs in the MLS. Concessions are available for dinner or snacking. Fee includes game ticket, escort, and transportation.

5/11 Sa 5:15 – 10:15 PM \$55/\$44 22062611



Highlands Ranch Mansion

### National Tap Dance Day – Arvada

Dancers from all across Colorado will tap away on stage for this national celebration of tap dancing as an American art form. In a festive atmosphere enjoy the Soft Shoe Shufflers from Arvada, Tap Roots from Berthoud, Teterelles from Fort Collins and The Big Noise from Louisville and many, many more. A resource fair will be on site to walk through prior to the show. We'll fill up with brunch beforehand at First Watch, on your own. Fee includes show, resource fair, escort, and transportation.

5/19 Su 9:30 AM – 3:45 PM \$24/\$19 22012711

### The Broadmoor and Heritage Museum – Colorado Springs

Sitting at the base of Pikes Peak, this beautiful resort was built in 1891. In 1916, it was purchased by the Penroses with the intent to create the most beautiful resort in the world. Success! The resort has grown to a world-renowned destination. Spend time wandering and shopping at the specialty shops on the resort grounds. Then enjoy a luxurious lunch at one of the restaurant choices on your own. The afternoon will consist of visiting the new 8,500 sq. ft. Penrose Heritage Museum viewing Mr. and Mrs. Penrose's personal carriage and collection. Fee includes museum, escort, and transportation.

5/20 M 9:00 AM – 4:30 PM \$31/\$25 22062511

### A Day in Idaho Springs

This will be a full day! We'll start at the fun and informative Heritage Visitor Center that is full of unique exhibits of mining history and the town's early life. Lunch will be at Tommyknocker Brewery & Pub, on your own. Then it's a tour of the Phoenix Gold Mine (42–54 degrees, wear a jacket) to learn about mining and see tools, ladders, milling equipment, buckets, and emergency equipment. Bring \$10 cash. Lastly, relax and soak in the hot mineral water at the Indian Hot Springs pool (90–110 degrees). Pack for the day: closed-toed shoes, cash, jacket, swimsuit, and towel. Fee includes hot springs pool, visitor center, escort, and transportation.

5/23 Th 9:15 AM – 6:00 PM \$48/\$38 22062411

## EXTENDED TRAVEL

For information on these and more exciting getaways, pick up flyers at Malley Recreation Center.

### PREMIER WORLD DISCOVERY IN 2019 June

Canadian Rockies & Glacier National Park

### August

Waterways & National Parks  
of the Pacific Northwest

### October

Scotland & Northern Ireland

### December

San Antonio Holiday



## SPECIAL EVENTS

Malley Recreation Center • 3380 S. Lincoln St. • 303-762-2660  
Englewood Library • 1000 Englewood Parkway • 303-762-2560

### Mindy Sterling – Stories and Songs from Bob Hope to Elton John



**Tuesday, 3/12 • 1:00 PM • Tickets: \$6 Online**  
Come laugh and toe tap with Mindy Sterling. Mindy is a vocalist and musician that has worked internationally with such artists as Don Henley and Donna Summer as well as Bob Hope and the Nelson Riddle Orchestra. Her song selections span the generations and she enjoys singing everything from Ella to Elton.

Location: Malley Recreation Center

### St. Patrick's Day Lunch

**Friday, 3/15 • 11:30 AM • Tickets \$8/\$10 at the door**

Wear your green and enjoy an Irish lunch of corned beef and cabbage. Then sit back and enjoy the Wick School of Irish Dancers performance. Purchase your tickets at the Malley Front Desk, or online at [englewoodrec.org](http://englewoodrec.org). All ticket sales are final.

Location: Malley Recreation Center



### Critter Cuddles

**Saturday, 3/23 • NOON – 3:00 PM**

Visit with the Humane Society's animal menagerie! Just look for the big HS RV.

Location: Civic Center Circle

### Active Aging Expo

**Thursday, 4/11 • 3:00 – 6:00 PM • FREE**

Get informed, get active, and get moving at the 5th Annual Active Aging Expo for seniors, boomers, and adults! Meet with more than 70 agencies that provide services and information on nutrition, wellness, health, active aging programs, aging in place, where to get pampered, local community services, safety, and much more. Professionals will be on hand to answer your questions and provide you with a multitude of information to go home with. Refreshments and door prizes included.

Location: Malley Recreation Center

### The Great Egg Scramble

**Saturday, 4/13 • 10:00 AM • Donations accepted • 1–8 yrs. old**

Hop on over and unleash your youngster amongst the candy and prizes at the annual Great Egg Scramble! Children are grouped by age. Do not forget to bring your own basket. Gates open at 9:30 AM. In case of inclement weather, call the Activities Hotline at 303-762-2598, ext. 4. Rain or snow date is Saturday, 4/20.

Location: Bellevue Park, 5001 S. Inca Dr./Bellevue Blvd.

### Summer Drama Auditions!

**Friday, 4/26 • 5:00 – 9:00 PM**

**Saturday, 4/27 • 9:30 AM – NOON**

Calling actors ages 8 to 98 to participate in the Englewood Summer Drama Program! This year's musical is still to be determined. To audition, please prepare a one-minute song – an accompanist will be available. Call Sara at 303-762-2680 for more information or go to [englewoodco.gov/EnglewoodHappenings](http://englewoodco.gov/EnglewoodHappenings).

Location: Malley Recreation Center

**SAVE THE DATE:** The curtain raises 7/26, Fisher Auditorium, The Englewood Campus

### Preparing to Hike the Summer Front Range

**Tuesday, 5/14 • 10:00 AM • Tickets \$6**

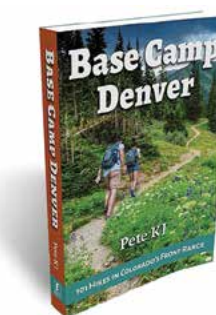
**Presented by: Pete Jarvis**

Englewood is an awesome base camp for day hikers. Hiking is a low-cost and addictive habit, and has the side effect of being incredibly good for you. With so much great hiking close by, it is important to know how and where to begin. Join veteran hiker and author Pete KJ for an overview. Using photographs, Pete will present the geography, flora, and fauna, and discuss the simple clothing, equipment, and safety considerations



needed to enjoy our incredible backyard. Plus, hiking strategies such as pacing, timing, and seasons. He will wrap with some of his favorite trail choices as described in his guidebook, *Base Camp Denver: 101 Hikes in Colorado's Front Range*, and delve into the stories that go with them. Bring your curiosity, and get ready to share your own stories by hiking these dazzling trails!

Location: Malley Recreation Center



### Living on the Cheap

**First Tuesday of the month, April – June • 6:30 – 8:00 PM**

Laura Daily of Mile High on the Cheap presents a series of workshops designed to help you stretch your hard-earned dollar. Throughout this series she'll talk about ways to save on groceries, dining out, shopping, travel, and attending local cultural events, plus how to find freebies. In true MHTC style, there'll be a door prize! No registration required.

Location: Englewood Library, Anderson Room



The City of Englewood  
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Englewood, Colorado 80110  
303-762-2300  
[www.engagewoodco.gov](http://www.engagewoodco.gov)

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Illustration by Christopher Shaw